

CASCNA March MINUTES

Meeting called to order by chair: Kim

Opened with moment of silence followed by serenity prayer

Service Prayer: Amy

12 Traditions: Chloe

12 Concepts: Sydney

Purpose/Function: Trey

Approval/amendments of last month's minutes: yes

Area Positions/Committees Roll Call

	Present	Absent	Vacant
Chair	X		
Vice Chair			x
Secretary	x		
Treasurer	x		
Activities	x		
H & I	x		
Surrender Under the Stars	x		
RCM	x		
Fellowship Development	x		

Home Group Roll Call

	Present	Absent
805	x	
Athens Serenity	x	
Hope Not Dope	x	
Humble Hearts	x	
New Horizons	x	
No Matter What	x	
Someone Believes in Me	x	
Not Fade Away	x	

Today There is Hope	X	
Turning Point	X	
Rooms for Improvement	X	
Open Arms	X	
Summerville Group		x
Second Chances		x
From the Ashes	X	
Spiritual Conditions		x
In the Works		x
Architects of Recovery	X	
Getting Real Group	X	
Up and Down	X	

The Fix	x	
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New Group/s:

The Fix Cleveland TN Saturday 7 pm

Open meetings , open discussion

4001 Georgetown rd. nw

Cleveland TN 37312

Modulars in back building b2

Quorum: **Established**

Administrative Reports

- **Chair Report**

Good afternoon family—

I'm glad to see you all here today. I don't have much to report today except that we have a lot to vote on today as far as positions as well as the guideline change for fellowship development. I also need to get with the treasurer today to set up a time to get my name put on the bank account if that is something that needs to be done, it states that in the guidelines so I wanted to inquire about that. That is all I have for today. Thank you so much for letting me serve.

In loving service,
Kim p.

- **Vice Chair Report**
- **Secretary Report**

Apologies for missing last month. Glad to be back. A follow up email for the car/cat will be sent out soon. This email will include the websites to read all motions in depth along with the PowerPoint. There is also a survey that should be completed before April 1st. You can vote as a group, or individually. The votes for the motions should be turning into Vince B by April 16th.

- **RCM Report**

3-19-2023

Hello Family,

Again, I apologize for missing last month. Glad to be back today. The RD team reported that NAWS is discussing abstentions; NAWS looking to remove it and so vote options will be yes, no, and present not voting because abstentions count as a "no". This is because abstentions have the effect of a "no" vote, but they are widely misunderstood as a way to not affect the vote count. Present not voting does not count toward the vote count.

The Iran Region has reversed the decision made previously and decided not to print

literature. Reaching Out will be available again soon. More information, along with printer-friendly copies, will be posted on www.na.org/reachingout in the near future. We hope to have

a special edition of SPAD available by the middle of 2023. The deadline for the CAR/CAT Tally sheets is to be submitted to the Region is April 16th, 2023. Please advise your groups that forms can be submitted electronically or downloaded to be printed. 1 vote / group, 37 motions total plus seating options. To access through your browser, go to [www.natennessee.org/links/2023 CAR/CAT survey](http://www.natennessee.org/links/2023%20CAR/CAT%20survey), hyperlinks will send you to the online form or the printable version. On the online form are hyperlinks to the CAR and the Cat pdf. The next Southern Zonal Forum meeting will be July 29th in Murfreesboro, TN at the Doubletree hotel. All are welcome to attend. The reservation code for the hotel is "szf" if you'd like more information about this I can get it for you as we move closer to the event.

The VRC Guidelines Ad Hoc committee Completed a review and restructuring of the current

VRC guidelines. Archaic practices have been updated or removed. We have identified what else needs to be done to overhaul the guidelines. The new draft was going to be submitted in February however due to some questions about the legality of fund raising with a 501c3 that were brought up the committee is waiting to submit the guidelines for review and check on what or if any changes to fundraising might need to be made. The regional chair appointed a Financial Legal Task Group Ad Hoc to review the VRSC and the proper use of the 501c3 as a business entity. This was brought about by the finds that came forth from the Knoxville area pursuing 501c3 status. An office report is still ongoing however a verbal update and discussion was given at Region. If wanted I can give the highlights on that in the sharing session or one on one with folks.

Knoxville reports their path towards 501(c)3 status is coming to a successful end with just some final tasks left to go. We received federal 501(c)3 IRS status with an EIN, and have set up bank accounts under the new organization - including sub accounts for our yearly Recovery on the Ridge weekend camping event (held in October) and our bi-yearly KACNA convention (next

time is 2024). The new corporation is Knoxville Area Service Committee, Inc., that entity's by-laws were accepted, and in December of 2022 the first Directors' meeting was held with

minutes. KACNA 2024 subcommittee has signed a contract and we are on for our bi-annual convention for March 1-3, 2024 - the theme is "Leap Into Freedom!" The Subcommittee is accepting ideas for speakers. They have also had members express concern about drumming up volunteers to perform our annual Recovery on the Ridge, our bi-annual KACNA convention, and VRC 42 all in the same year in 2024. We have active subcommittee for ROR and KACNA, and we are hoping to build enough of an active volunteer base for VRC 42 to ensure success. The Greater Middle Tennessee Area reports their Unity convention will be the third weekend in August. More will be revealed on that.

VRC 40 reported the convention was a success!! They had total income of \$75,632.08 subtract donations and the VRSC budget money we are down to \$49,455.54 expenses totaled

\$43,329.76 for a VRC 40 profit of \$6,125.78. Including the donations received at the convention we are returning an additional \$13,182.32 plus \$120.00 cash from Clarksville t-shirts in addition to the \$19,000.00 we returned Thanksgiving weekend. I am attaching the Treasurers spreadsheet for reference. We had 497 registration we sold 126 banquet tickets, 108 comedy show tickets. The hotel had nothing but good things to say about us as a fellowship. We had no damage reports or complaints from staff or fellow guests and they said they would happily welcome us back. I did ask our committee chairs to share ideas and thoughts about best practices. I am attaching our last committee meetings minutes with those suggestions. A few that were not in the minutes were Try to get coffee to count towards the F&B minimum from the

hotel. We blew through our coffee budget the first night of the convention. Develop a relationship with the hotel planner, double and triple check the contract for discrepancies. The Hotel Liason dealt with four different planners and renegotiated the contract multiple times as we reached certain goals. For example, our original room block and F&B minimum had our

meeting room cost at \$10,000 by the time the convention rolled around we paid nothing for the meeting rooms. Pay the extra for servers at the banquet. Some of us can be a bit gluttonous selfish and self-centered when we serve ourselves.

VRC 41 reports All is going well with the planning committee. It is full, bank account is set up. I have requested \$6000 for the convention budget. We are very excited to host it in Chattanooga. There are a lot of issues with policy for this convention. We need updated guidelines ASAP.

Thank you for allowing me to serve.

I.L.S. Joe A Chattanooga RCM

- **Treasurer**

CASCNA

Treasurer's Report

March 19th, 2023

Greetings Family,

For the month of February, we started with a beginning balance of \$352.90. We took in \$698.74 in Area Donations from groups. We had \$239.61 in expenses. Our prudent reserve is \$500.00. This left us with \$312.03 in available funds which will be forwarded to region.

Also, the phone.com bill will be due on April 1st. The payment is automatic and will be made on the 2nd. I will be holding \$150.00 in reserve to cover this cost that will be reflected on next months report. The new Treasurer, Chair and myself will be going to First Horizon bank to add Jason Nash (Treasurer) and Kimberly Patrick (Chair) to the bank account. We will be removing Joseph Aucoin (previous Treasurer) and Amy Ellett (Previous Treasurer) from the bank account.

Please let me know if you have any questions or concerns and thank you for allowing me to serve.

In Loving Service,

Joe A., Treasurer

Jason N Alt.Treasurer

Home Group Reports

- **805**

805 continues to hold 4 meetings per week. The 3 meetings at First Christians Church will resume meeting in the fellowship hall instead of the back room. The hall is more handicap accessible than the back room. These meetings are Monday, Tuesday (women's) and Friday. Mondays host about 20-30, Tuesdays women's about 12, Fridays about 15, Saturdays about 30-40. Our group will vote on the car motions at our April business meeting. And will be in by the April 16th deadline. Our donation is \$471.69.

Celebrations:

Will J 10 years and Sheri F 11 years both on April 29th.

In loving service,

Tom B

- **Anonymous Group**
- **Architects Of Recovery**

Hello family,

The AOR home group is doing well on our Wednesday night literature meeting with an average of 15-20 in attendance and our Sunday open meeting averaging 2-5. We have a area donation of \$29 and no upcoming celebrations. We do have voted on all nominations for today's vote. Thank you for allowing me to serve!

In loving service,

Jason N

- **Athens Serenity**

10-20 average attendance

\$13 area donation

Jess C

- **From The Ashes**

All is well at From the Ashes. Our meeting is continuing to grow. We are averaging 20-25 ppl at our Thurs. night meeting. The Sat. night meeting is averaging 10-15 ppl. We have recently added 1 new home group members. We have a \$50 donation at this time.

We have 2 celebrations this month.

4/20- Chris M. 2 yrs Bruce W. is speaking.

4/27- Phillip B. 1 yr Megan S. is speaking.

We have voted on all area nominations.

Thank you for allowing me to serve

In loving service
Chris M.

- **Getting Real**

Hello family, I hope all is well, we have had 6-40 in attendance, we don't have a donation and we have no new business.

In loving service, Chloe B

- **Humble Hearts**
- **Hope Not Dope**

Good afternoon family. I hope everyone is doing well. The Hope Not Dope home group is doing well. Our Sunday night evening has an average of 15-20 people. Our Tuesday night meeting has an average of 50-60 people. We voted yes to all area donations. We have one birthday **Trey W will have 1 year 4-23 Amy S will be speaking**. Our meeting will be voting on car cat by April 16. We have a \$50 area donation.

- **Last House on the Block**
- **Never Alone**
- **New Horizons**

Greetings from New Horizons homegroup of NA. Things are going well with our homegroup. We continue to average 9-10 members per meeting. We have one upcoming celebration:

Calvin S will celebrate 2 years on April 29th

ILS

Vince B.

- **New Realities**
- **Next Right Thing**
- **Not Fade Away**

Hello Family,

Everything is great at the Not Fade Away women's group of Narcotics Anonymous. We have a \$40 area donation and no celebrations. We have about 20 women at our meetings. Thank you for allowing me to serve.

Chelsea W

- **No Matter What**

Hi family,

The Know Matter What group is doing great maintaining its average attendance between 40 and 50 people. Literature demand is still high but we are staying ahead of that. We have a donation of \$29 today.

Celebrations:

Lauren D celebrates 1 year on April 7

Brandon C celebrates 7 years on April 21

Quinn P celebrates 3 years on April 17

In loving service, Steve R

- **Open Arms**

- **Rooms for Improvement**
- **Second Chances**
- **Someone Believes in Me**

Hello, Someone Believes in Me is doing well. We are averaging 50 attendees per meeting on Sunday and Wednesday. I am unsure the average of the Saturday night meeting at East Brainerd Club. If I had to guess, I would say 12. We have an area donation of \$50. I have no way to send it so I will make sure that it gets to the area secretary, or I will send a double donation at the next area meeting. We voted YES to all area service positions. We have 1 celebration to announce.

Nathan S 1 year 4/1/2023.

In Loving Service,
Cheryl P

- **Spiritual Conditions**
- **MTC**
- **Survivors**
- **Today There's Hope**
- **Turning Point**

Greetings family,

Turning point is doing amazing. We are averaging around 15 to 20 people per meeting. We have an area donation of \$25.00. We have one celebration this month. Don G. will be celebrating 1 year on Tuesday, March 21st. We are ready to vote on the nominations. Our monthly eating meeting will be on Friday, March 31st. at 7pm. We encourage everyone to come be a part of. Thank you for allowing me to serve.

Rebecca S

- **The Fix**

We are a new home group in Cleveland called The Fix, located at Westwood Baptist church. The address is 4001 Georgetown rd nw Cleveland tn 37312 Modular's in the back building B2. Every Saturday night at 7pm. This is an open meeting/open discussion. We may add a step study meeting on Sunday's in the future. More will be revealed. At our last 2 meetings we had an average of 15 in attendance. Thanks to the generous donation of another home group we were able to purchase our literature, key tags, and home group supplies. We do not have an area donation this month but hopefully will be able to bring one next month. I also have chill out on Chilhowee fliers with me today for anyone who wants to take one back to your home group or take a picture.

Thanks for letting me be of service

Sydney H

- **Up or Down**

Subcommittee Reports

- **Activities**

Activities Budget 2023-2024

Activities Budget 2023-2024	Event Name	Est. Amount Needed
January		
February	Chili Cookoff	\$150.00
March		
April		
May		
June		
July		
August	Unity Day	\$175.00
September	Field Day	0.00
October	Sky High Hike	0.00
November		
December	Winter Bash	\$425.00
Totals:		\$750.00

Because of our 7th tradition basket that we collect during our activities we usually do not spend all of our funds, but we are asking for an extra \$50 this year based on the price of food going up.

- **Fellowship Development**

Greetings from Fellowship Development,

We last met on March 12th, 2023, with 10 in attendance. Our meeting time has changed from 1:30pm to 1:05 pm.

WEBSITE Coordinator Joanna R reported that there were:

- 2,087 views and 1,138 visitors

- Viewed in 6 different countries with 2,019 views in US

- 30 views in Belgium

- 19 views in Singapore

- 13 views in Canada

- 4 views in China

- 2 views in Ireland

- Updated the meeting time for fellowship development on the website from 1:30pm to 1:05pm

- Updated meeting time for H&I subcommittee from 2:30pm to 2:45pm

- Updated Surrender Under the Stars meeting time on the website from 1:30pm to 10:00am

- waiting on updating the Activities page meeting time. They are meeting every other month indefinitely

and still in need of specified meeting info to add to website.

- The most recent Area minutes have been added to the website.

MEETING SCHEDULES - RAVYN C reported that:

- updated 805 on printed schedules Friday meeting from 75 minutes long to 60 minutes

- changed meeting time for Surrender Subcommittee from 1:30pm to 10:00am

- next month we plan to increase amount of meeting schedules to order once we know what facilities need.

- changed PDF for AOR Sunday meeting from "men only" to "open";

PHONE LINE - GARY S reported:

104 minutes

36 calls

30 menu calls

2 FWD calls

3 schedule calls

1 voicemail calls

1 male

1 female

CARPOOL + R.O.A.T.S. - BEN W reported that we need contact info for Spiritual Conditions Group, and Summerville Group for ROATS We were able to fulfill our commitment to the Up or Down Group.

- Rooms For Improvement went great, was able to take 9 residents.

- voiced issues with Spiritual Conditions group - need to check that out ASAP

- 1 carpool on cycle left for each up/down group, and RFI

Thursday, 3/23 for Up/Down

Tuesday, 4/4 for RFI

Sunday AOR has been added to the rotation.

FD is making BIG moves,

- went to the Hamilton County Coalition - meeting went well. Got to hear some of their testimonies about what they do there and exchanged contact information with them and recognized our similarities and common purpose. We brought them some meeting schedules and look forward to further contact with them to see how NA can help the still-suffering addicts that make their way through the doors of the Hamilton County Coalition.

Thank you to Athens Serenity for inviting FD to do their group inventory. We were able to share lots of helpful guidelines and other helpful information with them and showed them that we care and that we're here to help them. Athens Serenity Group is definitely in need of the support of experienced members, and we're excited to see this group grow stronger now that the home group has a more solid foundation in traditions and meeting guidelines.

In the very near future, we will be discussing setting up a meeting with the chief of police and law enforcement to let them know that we are available. It's going to take some planning but we will go ahead and start watering that seed.

CEMPA.is interested in a meeting being held at their facility at the Impact Hub on Rossville Blvd to help the still-suffering addict.

There will be a GSR orientation before Area! (Activities won't be there that month) meeting at 1pm on May 21st (Sunday)

We will be talking with CARTA about putting QR codes on the inside of the bus. The price will dictate the number of signs we are able to purchase.

OLD BUSINESS -

NEW BUSINESS: - Bridge the Gap: discussed developing guidelines for do's and don't's/ step-by-step guides to start getting these phone lists accumulated and get the ball rolling to start giving people rides. You all will be seeing QR business cards that will be coming out soon.

Our next meeting will be April 2, 2023 at 1:05pm on zoom only.

Thank you for allowing us to serve this Great Fellowship.

Fellowship Development

- **H & I**

Hello family,

H&I is alive in the Chattanooga area. This is a big day. Focus, Sholze, Walker State Prison and CADAS are going well but as always we could use all the help we can get to insure the strength and diversity of the message we are trying to carry. We are averaging 4 orientations a month. We have great willingness for going into facilities but can always use new faces to help carry the message better. We also really need people to sign up and help go to the Prison. To fill out the application you can find it in the NA Chattanooga website under the h&i page. We will also help people do the application at the chili cook off. We are submitting a budget decrease this year. Our old budget was 2400 (200 a month) we are decreasing to 1800 (150 a month). As always it has been a honor and a privilege to serve our area and the addicts in these various facilities.

In Loving Service,
Anthony F

- **Surrender Under the Stars**

Greetings Family-

Surrender Under the Stars #36 is in full swing!!!! With only having two committee meetings we have already filled most positions however; we are still in need of Vice Merchandise & Vice Programing Chairs. We have also changed the committee meeting time from 1:30pm to 10am, so all future meetings will be held the second Saturday 10am at The First Church of the Nazarene, in the library. We have confirmed dates with Dogwood Lodge for September 28th – October 1st and are currently working on getting the contract together & signed by both parties, this should take place this coming week!

Speaker Jam #22 will be held Saturday, June 10th @ Cross Path Church. There is no theme for this event however we are looking for artwork for shirts. We will need submissions by May 13, 2023. Please let your Homegroups know!!!

Attached is the Treasurer Report & Subcommittee Positions.

In Loving Service-
Amy S.

SURRENDER TREASURY REPORT

March 2023

Greetings Family!

The bank balance at the beginning of February was \$\$5,288.63

Transactions since February 1 st :

Check to CASCNA for \$288.63 on 2/27

Paper Statement Fee of \$5.00 on 2/28

Bank service charge \$5.00 on 3/1

All checks have cleared. There are no outstanding receipts.

Our current bank balance is \$4,990.00

Just to keep everyone in the loop, Kevin B. and I have taken care of necessary adjustments to the bank account; I now have full access. We considered bringing to the committee, the idea of switching from paper bank statements (a savings of \$60/year) to electronic statements. However, after further discussion, we felt it would be in the committee's best interest to keep the paper statements in place so that all treasurers to come would have equal access to the information. Kevin B. is going to speak with the post office about getting a second key to the P.O. Box for the Surrender Committee Treasurer which will expedite access to the bank statement. In the near future, Amy (H) P. and I will go the bank and add her as a signer to the Surrender Committee bank account. Lastly, we have 54 checks remaining. I spoke with the bank; cost are as follows: \$37.42 (80 checks) and \$74.84 (160 checks). I will order checks after the committee decides the best time to do so.

The current spreadsheet is attached. The bank statement will be forwarded when it is available.

In Loving Service,

Lydia S.

Surrender Planning Committee Treasurer 2023

5 Minute Break: taken

Moment of Silence to bring meeting back to order.

Sharing Session/Group Concerns/Issues-

Old Business

New Business

Nominations/Elections

NOMINATIONS VOTED ON IN MARCH

Jason N- Area Treasurer	Y	15	N	PNV	A
Sydney H- Area vice chair	Y	15	N	PNV	A
Joe A- RCM	Y	15	N	PNV	A
Chelsea W- area secretary	Y	15	N	PNV	A
Anthony F- H&I chair	Y	14	N	PNV	A 1
Amy S- Surrender under the stars	Y	15	N	PNV	A
Lee K- VRSC	Y	11	N	1 PNV	1 A2

Nominations/ Motions: Fellowship development motion is attached to this email.
Here are the requirements

Requirements

1. At least one (1) year complete abstinence from all drugs.
2. Previous service experience at a group level.
3. A working knowledge of the Twelve Steps, Twelve Traditions, Twelve Concepts for NA
4. Familiarity with all phoneline related NAWS handbooks.
5. Willingness to serve, the time and initiative to commit for the length of time involved.

Duties

1. Help maintain updated list of volunteers.
2. Coordinate with phone line coordinator to maintain updated information concerning phone line volunteers, meeting schedule, and website information.
3. Help coordinate Phone Line learning day/orientation, scheduled but not limited to, semiannually (February and August).
4. Attend every FD committee meeting and provide a written report.
5. In coordination with the FD subcommittee create and /or maintain Phone Line Volunteer ordination,

Present Open Service Positions

Announcements/Events:

For more information on Chattanooga NA events and meetings please go to the NA Chattanooga Web Site at <http://www.nachattanooga.com>

Celebrations:

Events/Announcements:

REMINDER: N/A. There will be a GSR orientation before Area! (Activities won't be there that month) meeting at 1pm on May 21st (Sunday)

GSR's Attention!! Please take back to homegroups that H and I could use some support and is willing to come to your homegroups to do orientation.

If you or your group needs a motion/resume/expense form, please see the separate attachments.