

## CASCNA JULY MINUTES

**Meeting called to order by chair: Kim P**

Opened with moment of silence followed by Serenity Prayer

**Service Prayer: Tristan**

**12 Traditions: Anthony**

**12 Concepts: Brandy**

**Purpose/Function: Hillary**

Approval/amendments of last month's minutes: yes

### Area Positions/Committees Roll Call

	Present	Absent	Vacant
Chair	X		
Vice Chair	x		
Secretary		x	
Treasurer	x		
Activities	x		
H & I	x		
Surrender Under the Stars		x	
RCM	x		
Fellowship Development	x		

### Home Group Roll Call

	Present	Absent
805	x	
Active Change	x	
Athens Serenity		x
Hope not Dope	x	
Humble Hearts	x	
New Horizons	x	
No Matter What	x	
Someone Believes in Me		x

Not Fade Away	x	
Today There is Hope	X	
Turning Point	X	
Rooms for Improvement		x
Open Arms	X	
Second Chances	x	
From the Ashes Spiritual Sisters	X	
Spiritual Conditions		x
Architects of Recovery	X	
Getting Real Group	X	
Up and Down	x	

The Fix	x	
Rise and Shine	x	
Hugs not Drugs		x

New Group/s:

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**Active Change (new to our area)**

298 Rodeo Lane,  
Rainsville, AL 35986  
(concession stand behind football field)

We meet every Sunday at 6 p.m. CST  
All meetings are closed literature study meetings except the last Sunday of every month which is an open speaker meeting.

Quorum: **Established**

## **Administrative Reports**

- **Chair Report**

July 16, 2023

Area Chair Report

Hello Family,

I have been in touch with Stephanie to try and get the PO Box stuff situated and have yet to find a time that coordinates with us both to meet hopefully we will be able to do that soon as to get this resolved. I believe the PO Box needs to be renewed as well.

As far as the storage, I called them and they said we could get a replacement lock with two keys for around \$22.00. They said if we need keys we can contact a locksmith. I have contacted several locksmiths and they have all said to check out Ace Hardware to see if they can duplicate them. If the locksmith does them it will be around \$50-\$60 bucks.

Pete was able to get ahold of Jimmy N who has 36 or 40 yes clean or something like that and he would be glad to do our Area inventory. However in regards to that, I feel personally and have spoken with some predecessors for guidance and we all feel that the inventory should not be held until January because that in September we have surrender, November we have VRC and December we have Winter Bash. January seems the most feasible for us as an area. I did want to report that the group booklet learning day went awesome and I learned a lot personally, I'm sure fellowship development will have more about this as well. That is all I have right now, thank you for allowing me to serve

In Loving Service,

Kim P.

Area Chair

- **Vice Chair Report**
- **Secretary Report**
- **RCM Report**

## **RCM Report**

**7-16-23**

Hello Family,

Nothing new to report today due to it being in between Regional meetings. I will resubmit all the flyers for upcoming Regional events. That will include an ROR fund raiser and preregistration party, ROR Campout, Unity Convention in Nashville, Surrender Under The Stars, and VRC. Southern Zonal Forum Download Flyer Murfreesboro, TN July 28-30, 2023 HOTEL Hilton DoubleTree 615-895-5555 1850 Old Fort Parkway Murfreesboro, TN 37129 Room Block Code: SZF (\$119) Saturday/Sunday Zoom Link: 819 5445 8994, Passcode: 121212 PR for Professionals on Friday Workshops: MAT/DRT, Unity in Service, Follow-up to WSC SZF

Business: Regional Reports, Old & New Business and More on Saturday and Sunday. Thank you for allowing me to serve.

I.L.S.

Joe A. Chattanooga Area RCM

- **Treasurer**

CASCNA

Treasurer's Report

July 16, 2023

Greetings Family,

This is an amended report from what I gave at area because I received order from H & I after the area meeting, so available funds had to be adjusted to reflect it. For the month of June, we started with a beginning balance of \$905.76. We took in \$1023.85 in area donations. We had \$757.77 in expenses. Our prudent reserve is \$500. This left us with \$671.84 in available funds which will be forwarded to region.

Please let me know if you have questions or concerns and thank you for allowing me to serve.

In loving service,

Jason N., Treasurer

### **Home Group Reports**

- **805**

Greetings Family,

I am out of town on a family vacation with my daughter and have asked Sarah to deliver my report. My thanks to her for covering for me. I attended the Area meeting in June and there are a few things to report.

One big item is that an Area inventory has been proposed. A member reported that it has been 10 years since we have done an Area inventory. This event would take most of a day, and anyone may participate, but at a minimum the GSRs would participate. It would be best if we could get several 805 members to attend, but as GSR I will attend. The GSRs agreed a Sunday would be best, possibly Aug or later. It was suggested that we get an outside person to lead the inventory session. Pete F suggested Jimmy N from ATL or Mike R from TN. The exact date is TBA. More will be revealed.

The Area has selected me as the ad hoc chair of a committee to do a "feasibility study" of whether the Chill Out on Chilhowee campout could become an Area activity. The event is the last weekend in August, so the study's results would be applicable no sooner than the 2024 event. There's too much to go into in this report, so I will be happy to explain it when I get back. Anyone is welcome to participate in this ad hoc committee with me.

Upcoming events:

- July 3 rd onward, the No Matter What group is moving locations to 951 Eastgate Loop
- July 13, Chris B 20 years at Today There's Hope
- July 14, Keith L speaking at Open Arms, come to support
- July 15, 11am, Dam Picnic, speaker (TBA) at 2pm
- July 20, Stephen and Dee 1 year each at Getting Real Group
- July 22, Someone Believes in Me tubing trip down the Toccoa River, meet 9am at the CrossPath church on Ringgold Road, takes about 2 hours to go down the river and the cost will be around \$12/person but don't let money be the reason you don't go. Someone will pay for you if you want to go and can't afford it.
- August 5, Jason S 23 years at Architects of Recovery
- August 6 H&I Learning Day with orientation, time and location TBA
- August 26, Unity Day at the Chickamauga Dam Rec Area Pavilion

Fellowship Development reports that they have added CARTA bus route numbers to the meeting schedule to make it easier to pick the right bus to get to a meeting. They will be seeking funds from the Region to put QR code signs inside the buses that point people to the NA website.

Surrender committee reports Speaker Jam was a success. If you were there and saw the closing prayer, you know how successful it was! They will have the financial report ready later this month. It is a fundraiser for the Surrender campout. Also, the artwork for Surrender was due today, so if you have something get it to a committee member quick.

Hiram had asked the question of what is the Region's prudent reserve? The answer is \$5,000. The Up and Down group is integrating CashApp into their 7 th Tradition giving. I found this interesting because it is the first time I have heard in this Area of using electronic payment app for this purpose.

Lastly, our Area has a new home group. It is the Active Change group in Rainesville AL. They meet at the Lions Club building, 298 Rodeo Lane, 35986.

Thank you for letting me serve.

In Loving Service,

Tom B.

- **Active Change**

Hello family,

Active change still meets at 6pm (cst) every Sunday and has a closed lit study for every meeting except the last Sunday, which is an open speaker meeting. Attendance is growing a little by about one person on average. This past month Lee K spoke and it was a great meeting with lots of support from other groups. After paying rent and literature we have a donation of \$26 for area.

Announcements:

7-31-23

Nick J will celebrate 2 years clean

Tristan M. will celebrate 5 years clean

Chris B from today theres hope will speak

- **Anonymous Group**
- **Architects Of Recovery**
- **Athens Serenity**
- **From The Ashes/ Spiritual Sisters**

From the Ashes

07/16/23

All is well at From the Ashes. Our home group is continuing to grow. We've added 2 new members. We are averaging 25-30 ppl at our Thurs. night meeting. The Fri meeting is averaging about 25 women. The Sat. night meeting is averaging 20-25 ppl. Our Saturday night meeting has outgrown its location, we have passed a motion to move to the Friday night meeting location (4791 Hal Dr, Chattanooga TN 37416) date of move is to be determined but we will make announcement when date is locked in. We have a \$26 donation at this time.

Zack G celebrates 4 yrs August 10th Chris M will be speaking at St Peters Episcopal Church.

Thank you for allowing me to serve.

In Loving Service

Hillary B

- **Getting Real**

Hello family, all is well, we've had 4~10 in attendance and we have an area donation of 13\$, that will be given next month. We have two celebrations Shellay S with 3 years on the tenth of August and Eddie H with 13 years on the 31st with Elijah b speaking Thank you for letting me be of service

- **Humble Hearts**

Hello,

Humble Hearts group is doing well. We are averaging 15 members per meeting. We have 1 upcoming celebration:

Kevin R. 4 years July 18<sup>th</sup>. We did not have business meeting so no area donation. In loving service,  
Jonathon S

- **Hope Not Dope**

Hello family. I hope everyone is doing well this afternoon. The hope not dope homegroup is doing well. We have an area donation of \$80. Our Sunday night meeting average 20-30 people and our Tuesday night meeting 55-70. We have a few celebrations.

Dillion B 7 years 8-6

Gary S 23 years 8-8

David M 1 year 8-22 Trey W speaking

Thank you for letting me serve, Joseph W.

- **Last House on the Block**
- **Never Alone**
- **New Horizons**

Greetings from New Horizons HG of NA,

Things are stable with our home group. We are averaging 5-10 people per meeting including in person and the hybrid. We need support. We continue to carry a message of hope and the promise of freedom. We have one celebration, Michael M will be celebrating 8 years on August 12<sup>th</sup>.

We do not have and area donation.

Grateful to be of service,

Vince B.

- **New Realities**
- **Next Right Thing**
- **Not Fade Away**

Hello Family,

Greetings from The Not Fade Away group of Narcotics Anonymous. We have an average of 15 to 20 women per Wednesday night meeting. We have an area donation of \$30. this month. There are no August celebrations

I am so grateful to serve, Brandy H

- **No Matter What**

Hi Family,

All is well with you and No Matter What group. We are maintaining an average of 40 to 50

people per meeting and our new location is working out great so far. We have a donation for area today of \$142.

The new date for the Dam Picnic is August 19, new clothes will be out soon.

Celebrations:

Steve R 8/7 2yrs

Zack A speaking

Gabby E 8/18 3yrs

Jeff C 8/25 19yrs

In loving service, Steve R

- **Open Arms**

Hello family

Things are going well at the open arms group. We are averaging 13 addicts a meeting. We are excited to be growing. We will be having a speaker meeting every second Friday. Kim P will be speaking Friday Aug 11th!! We have a donation of \$47

I'm loving service

Anthony F

- **Rooms for Improvement**
- **Second Chances**
- **Someone Believes in Me**
- **Spiritual Conditions**
- **MTC**
- **Survivors**
- **Today There's Hope**
- **Turning Point**

Greetings family

Turning point is doing well. We are averaging around 15 to 20 people per meeting. We have an area donation of \$25 this month and no celebrations. Our eating meeting will be on the last Friday of the month and is a speaker meeting. Food starts at 7 and speaker which is tba starts at 8.

In loving service,

Rebecca S

- **The Fix**



The Fix is doing well. We are averaging 15 addicts a meeting. We have an area donation of \$45.01. We have one upcoming celebration, Christina P will be celebrating 7 years on August 19 and Brittany K will be speaking.

Thanks for letting me be of service  
Sydney H

- **Up or Down**

Hey Family,

All is well with the Up or Down Group. This month we had an average attendance of 7 addicts per meeting and bring a donation to the ASC of \$66. We have no celebrations to report for the month of August.

As always we extend the invitation to any and all addicts that need a safe space to dedicate time to step writing and would like to remind everyone that we do have open discussion following our initial step writing time. We'd love to see you there.

In loving service,  
Cory S

- **The Rise and Shine Group**

Rise and shine

— New address, which is reflected on all schedules already is:

— 109 Frazier Ave 37405 (parking in the rear off Woodland Ave)

— 7:30AM on Thursdays, and 7AM Tuesdays starting this week

— First Thursdays will be Speaker meeting

— Aug 3, John H will be speaking

— Sept 7, Lee K will be speaking

— No celebrations

— Avg Attendance is 18-25

— 3 home group members

— Request support from members with more experience due to the high percentage of newcomers

— \$25 ASC donation

- **Hugs Not Drugs**

**Subcommittee Reports**

- **Activities**

**Activities Treasurer**

## Activities Budget 2023-2024

<b>Activities Budget 2023-2024</b>	<b>Event Name</b>	<b>Est. Amount Needed</b>
January		
February	Chili Cookoff	\$150.00
March		
April		
May		
June		
July		
August	Unity Day	\$175.00

September	Field Day	0.00
October	Sky High Hike	0.00
November		
December	Winter Bash	\$375.00
Totals:		\$700.00

- **Fellowship Development**

Greetings from Fellowship Development:  
 We met on July 9th, 2023, with 10 in attendance,  
**REPORTS:**

Our awesome Website coordinator Joanna R reported:

- June were 2679 views & 1,2697 visitors
- 10 different countries
- 2,610 views in U.S.
- 41 views in Belgium
- 11 views in China
- 6 views in Canada
- 5 views in Turkey
- 2 views in Australia
- 1 views in Japan
- 1 view in India
- 1 view in Russia
- 1 view in India
- 1 view from an unknown Region

- added new “Active Change Group” Sunday night meeting to the website.
- uploaded most recent Area minutes to the website.
- added the August meeting schedule PDF to the Home Page and Find A Meeting page
- updated the “No Matter What Group” to new TCCS address.
- updated “Rise And Shine Group” address and added lit study to the format for Tuesdays
- removed “The Summerville Group” from the website.
- put Chill Out On Chillhowie flyer on Events page

- We have been noticing recently that when event flyers are published on the site, WordPress is apparently very randomly selective about what kinds of devices can see which flyers. It seems to like Apple devices but things like Android phones and HP desktops will only show certain flyers, not ALL of them. Apologies to anyone that has been having difficulty seeing the event flyers on the website! We're working on it, and we appreciate your patience.

RAVYN C our amazing Meeting schedule coordinator reported:

- updated the schedule PDF to show suite 108 instead of suite 100 for the No Matter What Group
- added the new "Active Change Group" in Gainesville, AL to the schedule
- changed "The Fix Group" from Friday to Saturday
- made updates for the "Rise and Shine Group" (Tuesdays are now literature study and speaker meeting 1st Thursday of the month and changed address to 109 Frazier Ave [special instructions to park in the back off Woodland Ave] note that the location has NOT changed, they are just changing the address information with hopes that it will more effectively direct people to the meeting space)
- verified that "The Summerville Group" is no more and it has been removed from the meeting schedule.

ANTHONY F the phenomenal Phone line coordinator reported:

- 186 minutes
- 64 calls
- 53 menu calls
- 6 FWD calls
- 5 schedule calls
- 0 voicemail call

recruitment goal for phone line is 6 males and 6 females.

Steve has some people lined up to orientate for the phone line, he is waiting to orientate them until he has an effective "call script" on-hand.

The exceptional R.O.A.T.S. Coordinator BEN W reported:

- Ben did ROATS for the Group Booklet Learning Day and we had an AMAZING turnout! Thanks to everyone who came out and participated! It was a huge success, and we are extremely excited to have more learning day events like this in the future. And we are so excited for more upcoming opportunities to utilize ROATS to help keep the Fellowship more connected and united.

CARPPOOL - BEN W

- no carpools to report on from the last month
- Ben and Cory have put together some guidelines for the Carpool Coordinator position that were presented to Fellowship Development and we discussed the final guidelines to present to Area for voting. (I'm attaching the carpool coordinator guidelines to be presented/sent out to groups at Area)
- our next carpool will be our 3rd and final carpool for our 3-month-cycle to the "Spiritual Conditions Group" in Dayton. We'll be meeting at 6:15pm at the Waffle House on Signal Mtn. Rd, leaving from there at 6:30 for the 7:30pm meeting in Dayton on Friday, July 21st

- **September 9th for a flyer-hanging day, will work out more details at the next FD subcommittee.**
- We are so excited for what's in store for NA for the future and we are eager to continue finding ways for Fellowship Development to help with that.

Thank you for allowing us all to serve on this amazing subcommittee.  
In loving service, Fellowship Development.

- **H & I**

Hello family,

H&I is alive in the Chattanooga area. Focus, Sholze, Walker State Prison and CADAS are going well but as always we could use all the help we can get to insure the strength and diversity of the message we are trying to carry. We had 8 orientations this month. We have great willingness for going into facilities but can always use new faces to help carry the message better. We also still really need people to sign up and help go to the Prison. To fill out the application you can find it in the NA Chattanooga website under the h&i page. We will also help people do the application all they have to do is reach out. We have an open position for Sholtz men sides chair. We are currently talking with Valley about doing a presentation for H&I. And have some other centers interested in having H&I. Before we can do that we would need willing addicts to help facilitate these meetings. We are having a H&I learning day where we will be doing orientations and discussion about H&I. We will also be reviewing the guidelines to see if anything needs updated or changed. It will be Aug 6th location and agenda to be announced. We had no lit order this month. As always it has been a honor and a privilege to serve our area and the addicts in these various facilities.

In Loving Service,  
Anthony F

- **Surrender Under the Stars**

Good day Family-

We are getting closer & closer to Surrender Under the Stars 36!!!!!!

Speaker Jam was a HUGE success, our committee has simply gone above and beyond to make this year's event happen. (Please see treasury report for funds. Our current bank balance is \$7,407.72)

We have voted on Artwork and our Merchandise Chairs are in full swing to organize purchase of items for selling.

I am in the process of scheduling a walk through with Corey at Dogwood Lodge to see where they are this year with improvements and anything we need to know that's new at the campgrounds.

Culinary & Programing are wrapping up and almost finalized as well!!!

Pre-Registration is recommended for a discounted price and much appreciated 

\*\*\* We ask that you please ask at your Home Groups for donations of Coffee,

Auction Items & Basic Texts for the New-Comers \*\*\*

In Loving Service-

Amy S.

### **SURRENDER TREASURY REPORT**

Greetings Family!

The bank balance at the beginning of June was \$3,865.58 Transactions since June 1 st :

Bank Service Charge of \$5.00 on 6/1

Check to Merchandise in the amount of \$750 on 6/5

Withdrawal for Speaker Jam cash boxes of \$150 on 6/9

Square Deposit for Speaker Jam sales of \$1,941.14 on 6/12

Cash Deposit for Speaker Jam sales of \$2,516 on 6/12

Paper Statement Fee of \$5.00 on 6/30

Bank Servicer Charge of \$5.00 on 7/3

Total monies received from Speaker Jam = \$4,457.14

All checks have cleared. Receipts are due from Chair (Dogwood Lodge Deposit), Culinary (Speaker Jam), Merchandise (Speaker Jam).

Note that the damage deposit was received, but it is not being deducted from the balance.

Our current bank balance is \$7,407.72

The current spreadsheet is attached. The bank statement will be forwarded when it is available.

In Loving Service,

Lydia S.

Surrender Planning Committee Treasurer 2023

- **Chill Out Ad Hoc Committee report to Area – July 2023**

Greetings Family,

Several people have volunteered for the committee, and so far it's a mix of people who are both on and not on the current Chill Out planning committee. The following people have volunteered: Bekka S, Sydney H, Joe A, and Jason N. We are open to others if they would like to join us. I would like to ask these people to meet just a few minutes after today's Area meeting to decide when we can hold a formal meeting.

In the meantime, I have been interviewing people familiar with the Chill Out on Chilhowee event in an effort to learn as much as possible about the event from different perspectives. I attended a recent planning committee meeting on Zoom. The information I have gathered so far will be given to the ad hoc committee for discussion.

Although the ad hoc committee will decide a timeline and a deadline for our efforts, but tentatively, I think we should expect the ad hoc's final report by end of this year or very early next year, so that the results could apply to the next planning committee cycle (i.e., 2024). We should factor in time for the ad hoc committee's final report to be disseminated to the Area home groups, and for their feedback and/or votes to come back to Area.

Just to be clear on purpose, the ad hoc committee will gather as much information as possible to help the Area determine whether it is feasible for the Chill Out on Chilhowee annual campout to become a Chattanooga Area Service Committee (CASC) event similar to how the Surrender Under the Stars annual campout is a CASC event. In short, the ad hoc committee is a feasibility study.

The next Chill Out on Chilhowee campout will be August 25-27. You can pre-register through Paul H, or contact Bekka S or Sydney H for more information, or you can register on site the weekend of. It is held at the Chilhowee Recreation Area, on Chilhowee Mountain, up near Lake Ocoee off Hwy 64. Please announce at your home groups.

In Loving Service,  
Tom B.

**5 Minute Break:** taken

Moment of Silence to bring meeting back to order.

**Sharing Session/Group Concerns/Issues-**

**Old Business**

**New Business**

**Nominations/Elections**

**Nominations/ Motions**

TO BE VOTED ON BY HOMEGROUPS:

**Carpool Coordinator Purpose**

Coordinate logistics for carpools to groups in need, for the sake of supporting them with increased attendance and access to [?] [?] subcommittee's working knowledge of the twelve Steps, Twelve Traditions, Twelve Concepts for NA Service, public Relations handbook, and the 6 points of accountability of an NA group.

**Requirements**

- 1. At least six (6) days abstinence from all drugs.
- 2. A working knowledge of the Group Booklet.
- 3. Willingness to serve, the time and initiative to commit for the length of time involved.

**Duties**

- 1. Coordinate with Area Home groups requesting carpool support.
- 2. Maintain an awareness of groups that may benefit from carpool support.
- 3. Coordinate a monthly carpool schedule for the following month at the monthly FD subcommittee meeting.
  - 1. Be mindful not to schedule carpools on dates of clean time celebrations.
  - 2. Do not schedule a carpool to previously announced celebrations of clean time, as it could be perceived as an endorsement of a particular addict.
- 3. Determine a centralized rendezvous point for the carpool and establish a meeting time that allows for safe travel conditions to the meeting space.
- 4. schedule carpools to groups with a (3) month commitment to each group.
- 4. Ensure the creation of a flier before the CASC monthly meeting for distribution to Area Home Groups.
- 5. Attend every carpool to the best of your ability.
- 6. Be available as the person of contact to coordinate rides to meetings for addicts upon request.
- 7. Assemble a carpool report for previous month for monthly [?] [?] subcommittee meeting


**Present Open Service Positions**

**Announcements/Events:**



For more information on Chattanooga NA events and meetings please go to the NA Chattanooga Web Site at <http://www.nachattanooga.com>

**Celebrations:**

**Events/Announcements: Group booklet flyer in attachments**

**REMINDER: N/A.**

**GSR's Attention!!** Please take back to homegroups that H and I could use some support and is willing to come to your homegroups to do orientation.

If you or your group needs a motion/resume/expense form, please see the separate attachments.