

CASCNA AUGUST MINUTES

Meeting called to order by chair: Kim P

Opened with moment of silence followed by Serenity Prayer

Service Prayer: Kathy

12 Traditions: Corey

12 Concepts:

Purpose/Function: Hillary

Approval/amendments of last month's minutes: yes

Area Positions/Committees Roll Call

	Present	Absent	Vacant
Chair	X		
Vice Chair	x		
Secretary	x		
Treasurer	x		
Activities	x		
H & I	x		
Surrender Under the Stars	x		
RCM		x	
Fellowship Development		x	

Home Group Roll Call

	Present	Absent
805	x	
Active Change	x	
Athens Serenity		x
Hope not Dope	x	
Humble Hearts		x
New Horizons	x	
No Matter What	x	
Someone Believes in Me	x	

Not Fade Away	x	
Today There is Hope	X	
Turning Point	X	
Rooms for Improvement		x
Open Arms	X	
Second Chances	x	
From the Ashes Spiritual Sisters	X	
Spiritual Conditions	x	
Architects of Recovery	X	
Getting Real Group	X	
Up and Down	x	

The Fix	x	
Rise and Shine	x	
Hugs not Drugs		x

New Group/s:

Quorum: **Established**

Administrative Reports

- **Chair Report**

August 20, 2023

Area Chair Report

Hello Family,

Its so great to see you all today. I have lots of things to inform you of so hold on to your seats and cups, here we go!

First and foremost I have been speaking with Jimmy N about the Area Inventory and have given him the following dates in each of the months up until January, the dates are: September 3, 16 - October 7, 21, 28, 29 - Nov 5, 18 - Dec 2, 3, 16 - Jan 6, 7, 20, 27. I heard back from Jimmy just today and he said he could do October 7 th if that would work for us. I have also printed out some area inventory questions that we can take back to our homegroups to answer and then bring back. This is kind of how they did it the last time they had a area inventory. I did the questions based on the last set they did and we can look at that in new business and see if there is any we need to remove or add if necessary.

Second, The post office is taken care of. Stephanies information has been removed and my information has been put on the updated sheet. As of right now the list of people that have access to the PO Box are Myself, Ravyn C for Activities, Jason N for Area Treasurer, and Lydia S for Surrender. We had 2 keys which Jason and Ravyn had so I did purchase another key which cost \$17 so we had the additional one for Surrender. I asked them to order 1 more key which will take a while to come in but I assumed the Area Chair should have a key as well. I will give the key I currently have to Lydia as she is the Surrender Treasurer and will purchase one more key when they come in if that is what we want to do.

Third, concerning the storage unit - - there is a lot of info to provide here so listen up! Currently we are paying roughly \$75 bucks for a 5x10 storage unit. The current storage unit we have has a cylinder tumbler that had 2 keys. We have lost 1 of the keys so we currently only have 1 key. I went to Ace hardware and had keys made, tried them at the storage unit and they wouldn't work, so I had the brilliant idea to just get a lock with keys to put on the storage unit and I made the extra keys for the lock. Here is where it gets tricky, with the tumbler lock, the tumbler has to be in place in order to use a padlock style lock, otherwise the unit

will still open, which would defeat the purpose of putting the lock on there because we would still only have 1 key for the tumbler. We have a couple options. First, we can keep it just as it is with just the 1 key we have and pray it doesn't get lost and just keep handing the key off to whoever needs it whenever it is needed, or the Area Chair could keep the key and be responsible for it until it is needed for whatever event. OR

Second we can elimated this whole mess, it will just be a lot to do depending on how much is in the storage unit, because I didn't think to look in it. The storage

place if having a sale of half off any vacant units starting August 21 which is tomorrow. We have the option of going to a traditional locking storage unit that would accept just the padlock which I already purchased and made the extra keys to, they would just transfer the unit and it would be half of what we are paying now.

So with all that said I wanted to bring this to the area and see what we thought as a area on what would be best to do. My thoughts are to just transfer the storage unit to what would be more feasible with us with the access to be able to use the padlock, yes it is a little work that may require a few people helping to move everything but it would be more cost effective and accessible for all who need keys. The list of people that would need keys to the storage would be as follows: The Area Chair, Activities, Surrender, GARY S which we can talk about and KEVIN B which we can also talk about and I wanted to keep a extra key in the treasures box just in case all the other keys get lost. So those are our options and we will discuss those options more during old business today.

Last but not least, Unity Day is coming up next weekend on August 26 th , Activities has asked that you bring to your home groups and please announce in meetings that we need to make sure to bring side dishes to this event. Thank you all! I know that was a lot to sit through, but thank you for your patience in all that I had to report, hopefully it will be shorter next month!

Thank you for allowing me to serve,
In Loving Service,

Kim P

Area Chair
423-316-2625

- **Vice Chair Report**

Hello family,

I've recently learned part of my responsibilities as area vice chair is to assume the responsibilities of any sub committees that do not have trusted servant positions filled. If I could please get your contact information if I do not already have it so I can fill in if need be. My number is 865-507-0989. I will also be attending sub committee meetings to the best of my ability.

Thanks for letting me be of service

Sydney H

- **Secretary Report**
- **RCM Report**

RCM Report

- **Treasurer**

CASCNA

Treasurer's Report

August 20, 2023

Greetings Family,

For the month of July, we started with a beginning balance of \$1171.84. We took in \$687.82 in area donations. We had \$1270.76 in expenses. Our prudent reserve is \$500. This left us with \$88.90 in available funds which will be forwarded to region.

Please let me know if you have questions or concerns and thank you for allowing me to serve.

In loving service,

Jason N., Treasurer

Home Group Reports

- **805**

Greetings family,

The 805 is doing well. Monday attendance has been 23-41, Tuesday women's meeting 10-37, Friday about 16, and Saturday 16-45.

We have an area donation of \$116.06.

On Saturday, September 2nd, Kalinen B will celebrate her first year and Lisa S will celebrate 7 years.

On Saturday, September 23rd, Vilna C will celebrate 3 years, and Val H will celebrate 10 years.

We have discussed ways to address our human resource issue, specifically trying to get people to fill service positions, especially meeting openers. We've discussed lowering clean time requirements to get willing newcomers involved sooner, and/or closing one of our meetings. However, we have no clear consensus on the matter. We would like to hear from other home groups as to how much clean time they require to be a meeting opener (not just chair a meeting, but have a key to the building).

ILS,

Tom B.

- **Active Change**

Hello family,

My name is Tristian and I am an addict. Our celebration in July went very well. We had a lot of support from other groups. Our attendance has been growing this month from last month. From 7 to 9. We still meet every Sunday at 6pm (cst). We decided as a group to make the first Sunday of the month a tradition study. Which required a few changes to our format. However all our meetings are still based out of the literature except for speaker meetings. We have an area donation of \$66 that we will hold until next month. No announcements for this month.

In Loving Service,
Tristian M.

- **Anonymous Group**
- **Architects Of Recovery**

Hello Family,

I hope everyone is doing well and in good spirits. The AOR homegroup is doing well on our Wednesday literature meeting averaging 20+ in attendance, our Sunday meeting averages 2-4 but is available for the addict who still suffers. We have two upcoming celebration: Ravyn C 7 years Sept 6th and Joe A 12 years Oct 4th and an area donation of \$70. Also we have a vote on the motion from last months area. Thank you for allowing me to serve!

ILS,

Jason N

- **Athens Serenity**

Athens Serenity Group is doing well currently. Our attendance ranges from 5-17 per meeting. No celebrations to announce. No donation for area this month. Thank you for letting me serve.
Jess C.

- **From The Ashes/ Spiritual Sisters**

08/20/23

All is well at From the Ashes. Our home group is continuing to grow. We've added 4 new home group members. We are averaging 25-30 ppl at our Thursday night meeting. The Friday night meeting is averaging about 10-20 women. The Saturday night meeting is averaging 20-25 ppl. Our Saturday night meeting has officially moved to 4791 Hal Drive. The first Saturday of every month will be a literature study in the Frances Room. We have a \$50 donation to area at this time. We have no celebrations this month.

In Loving Service
Hillary B.

- **Getting Real**

Hello family, all is well, we've had 4~40 in attendance and we have an area donation of 7\$ no celebrations.
Thank you for letting me be of service

- **Humble Hearts**

Celebration:
Timmy D 2 years September 26th

- **Hope Not Dope**

Good afternoon family I hope everyone is doing well today. the hope not dope homegroup is doing good we have an area donation this month. we have no upcoming celebration to report. We have an average attendance of 15 to 25 people on Sunday nights. An 45 to 60 people on our Tuesday night meeting. Thank you for letting me serve Joseph w

- **Last House on the Block**
- **Never Alone**
- **New Horizons**

- **New Realities**
- **Next Right Thing**
- **Not Fade Away**

Hello Family,

All is well from The Not Fade Away group of Narcotics Anonymous. We have an average of 15 women at our Wednesday night meeting. Motion was voted on and passed. We do not have an area donation this month. We will be celebrating Holly R's 3 years on September 27th.

In loving service, Brandy H.

- **No Matter What**

Hi Family,
The No Matter What group is doing great. We are financially healthy and have \$104 donation for area today. The Dam Picnic was a home run. We had roughly 80 people in attendance and our speaker, Edith T, shared her experience, strength, and hope. On another note, my term as GSR will end next month, so I would like to introduce my replacement Dee C. She is shadowing me today and next month, then stepping into as our new GSR in October.

Celebrations:
Liz W 7yrs 9/15
Kris L 3yrs 10/6

In loving service,
Steve R

- **Open Arms**

Hello family

Things are going well at the open arms group. We are averaging 15 addicts a meeting. We are excited to be growing. We now have 6 home group members. We will be having a speaker meeting every second Friday. Julie H will be speaking Friday sept 8th!! We have no donation this month and voted yes to the fellowship development motion.

I'm loving service

Anthony F

- **Rooms for Improvement**
- **Second Chances**
- **Someone Believes in Me**

Greetings all...

Things are good at the Someone Believes In Me home group. Our meeting attendance varies between our Saturday meetings and Sunday and Wednesday meetings. Overall we have an

average of about 40 to 60 in attendance depending on day. We have a donation of 100.00 for area today. Thank you for allowing me to serve.

In loving service

Kathy B

- **Spiritual Conditions**
- **MTC**
- **Survivors**
- **Today There's Hope**

Hello family...

Date: 8/20/23

Home Group: Today There's Hope

GSR: Matt K

Motions Voted On: Approved motion for Fellowship Development to add carpool coordinator to their guidelines

Average Group Attendance: 45

Upcoming Celebrations:

-Sept 14, Zach A celebrating 5 years

Today's Donation Amount: \$0

How Many Home Group Members: 10-15

Group Updates or Concerns: N/A

As always, thank you for allowing me to be of service

- **Turning Point**

Greetings family

Turning point is doing well. We are averaging 15 to 20 addicts per meeting. We have no celebrations this month, an area donation of \$25, and will not be having our monthly eating meeting because it falls on the chill out camp out.

In loving service,

Rebecca S

- **The Fix**

The Fix

The Fix is doing well. We have an average attendance of 15 people. We have an area donation of 39.00. We voted on the motion. We have two celebrations coming up, on September 2nd Paul H will be celebrating 36 years and Sydney H will be speaking and on September 30 Julie H will be celebrating 18 years speaker to be announced.

Thanks for letting me be of service

Sydney H

- **Up or Down**

Good Afternoon family,

All is well with Up or Down, we have seen a slight drop in meeting attendance, averaging six addicts per meeting. We come to the area with a donation of \$23 for the month. This month we have Marinda C. celebrating 11 years on Sept. 21st. As always we invite any addict looking for a safe space to do step work and discuss in a closed environment to attend.

In loving service,

Cory S.

- **The Rise and Shine Group**

Rise and Shine Group Report:

- First Thursdays are a Speaker meeting
- Sept 7, Lee K will be speaking and breakfast will be provided
- No celebrations
- Avg Attendance is 25
- Picked up another home group member, bringing us to 4 home group members
- Request support from members with more experience due to the high percentage of newcomers
- No ASC donation
- Voted on changes to the FD guidelines

- **Hugs Not Drugs**

Subcommittee Reports

- **Activities**

Greetings Family,

We had one transaction this month for interest earned which was 12 cents. Our current balance is \$298.36. We're asking for \$52 to bring us back up to our prudent preserve. Our budget for this

event is \$175, but we are going to take out \$250 due to the cost of inflation and going based on what the No Matter What group recently spent on their picnic for the cost of food.

Thanks for allowing me to serve,

Ravyn C.

Chattanooga Area Activities Subcommittee Treasurer

Activities Treasurer

Activities Budget 2023-2024

Activities Budget 2023-2024	Event Name	Est. Amount Needed
January		
February	Chili Cookoff	\$150.00
March		
April		
May		
June		
July		
August	Unity Day	\$175.00
September	Field Day	0.00

October	Sky High Hike	0.00
November		
December	Winter Bash	\$375.00
Totals:		\$700.00

- **Fellowship Development**

Greetings from Fellowship Development,

We last met on 8-13-2023 with 7 in attendance.

MEETING SCHEDULE REPORT - RAVYN C

- updated Saturday step writing meeting "from the ashes group" location from Bradford to Northminster Presbyterian Church on Hal Dr.
- Steve suggested putting "Alabama" on the front of our meeting schedules in line with the "North Georgia" and "Tennessee Meetings"

WEBSITE REPORT - JOANNA R

- we had 2,644 views and 1,263 visitors with views in 10 different countries
- 2,540 views in US
- 40 views in Belgium
- 38 views in China
- 11 in Canada
- 7 in Russia
- 2 in India
- 2 in France
- 2 in Kenya
- 1 in Vietnam
- 1 in Portugal
- updated location for Saturday step writing "from the ashes group" from Bradford Heath Services to Northminster Presbyterian Church on Hal Dr.

- most recent Area minutes have been added to the Area Service Page
- it was brought to my attention that Monday “no matter what group” and Thursday “today there is hope group” both still had “masks required” on their format listing so that was removed.
- it was also brought to my attention that when using a mobile device, the website doesn’t offer a drop-down window explaining the format letter key when looking at listed meetings, Joanna has been in contact with Lucy at World requesting support with WordPress and extends her greatest thanks for everyone’s patience while we try to work out some kinks that have been going on with the website as of late, this includes the issues we’ve been having with overall viewing abilities of the flyers on the events page, help is on the way! And anyone with a working knowledge or experience with WordPress is welcome to reach out to Joanna at richmondclanjj@yahoo.com or (423)-364-7108

PHONELINE REPORT - ANTHONY F + STEVE R

- 309 minutes
 - 102 calls
 - 78 menu calls
 - 2 voicemail calls
 - 15 schedule calls
 - 7 forwarded calls
 - 6 male calls
 - 1 female call
 - Steve and Anthony have updated ALL meeting information on the phone line
 - they met on Friday and to discuss more about orientations. They’re putting together a final document for updated do’s and don’t’s
 - they plan to have (instead of a kitchen sink laundry list of crisis numbers to refer people to, they’re going to have a small list of international lines to connect people to for the sake of ease and efficiency
 - they are also working on creating a google docx to use as a “portable script” for phone line volunteers with the goal of simplifying the on-boarding process and make being a phone line volunteer easier to digest and navigate
 - once we have a solidified format for volunteers, Fellowship Development would love to host a phone line orientation and we have discussed sharing a Learning Day with the H&I subcommittee - we set a date for October 28th, 2023 1pm at the First Church of the Nazarene - Speaker Spooktacular will involve guest speakers, workshops, FOOD and service orientations (including the phone line) - flyers should be available at Area and one will be added to the website Events page shortly as well
 - Steve and Anthony also requested that all schedule updates be shared with the phoneline alongside the meeting schedule coordinator and website coordinator in order to keep the meeting information on the phone line up to date, meeting schedule coordinator and website coordinator will see to making sure updates on meeting information be shared with them
- #### CARPOOL REPORT - CORY S

- we did our third and final carpool to the Spiritual Conditions meeting but, because they have not been involved with the Area, we were unaware that the meeting we carpooled to was a celebration that night, which we generally try to steer clear from.
- 4 people attended the carpool and there was a total of 49 people in attendance at the meeting
- they asked a newcomer to take everyone out at the end of the meeting and not having much experience yet, they had everyone go out with The Lord's Prayer - FD discussed this with the home group following the meeting and they decided in their business meeting that night to add to their format that only home group members will take everyone out at the end

NEXT CARPOOL:

- Nik with the "active change group" in Rainsville, AL requested support and we will be starting our new carpool circuit with this meeting on Sunday, September 3rd. We will be meeting at 5:15pm at the Waffle House on Signal Mtn. Rd. and leaving at 5:30pm for the 7pm (6pm central time) meeting
- we are waiting to hear from Vince on what our next move with the Sunday night eating meeting is - discuss at next month's FD subcommittee
- the motion that carpool submitted to Area last month was technically incomplete as it did not include the position

description but it is en route to being voted on by groups as of last month and possibly continuing on this coming month

OLD/NEW BUSINESS -

OLD - bus signs: we've learned that Carta has a 3rd party company (called the River Road Group) that is responsible for the bus sign ads, Susan Philips is the our contact with that company susanvphilips@gamil.com (423)-991-9228 and we sent an email to her requesting quotes and any extra information we might need to get the process started in getting bus signs made up as well as to have some contract information to share with Region in order to organize some help with payment and we have learned that we are not going to get to pick-and-choose which bus routes the buses we put our signs in will take but we can sign up for a "fixed route" interior signage at 11" high by 28" wide with 4 interior signs per bus at \$20/per sign/per month at GoCarta.org

OLD - need Vince to reach out to whoever we need to connect with about putting on our Professional's PR workshop on to keep the ball rolling on that

NEW - we killed the flyer-hanging day. We originally were going to host a flyer-hanging day because we thought a group had requested support and an interest in having a flyer-hanging day and Fellowship Development is DEFINITELY where you go with any desire or request like that but, there was a misunderstanding and they rescinded their request. Fellowship Development would love to extend great welcoming to anyone who has any interest in having a flyer-hanging day, you may get with anyone in FD or attend our monthly subcommittee meeting on the second Sunday of every month at 1:05pm both in person at First Church of the Nazarene and on Zoom at the Noon Zoom ID

We thank everyone in the Fellowship for allowing us to serve this great community.

- FELLOWSHIP DEVELOPMENT

- **H & I**

Hello family,

H&I is alive in the Chattanooga area. Focus, Sholze, Walker State Prison and CADAS are going well but as always we could use all the help we can get to insure the strength and diversity of the message we are trying to carry. We have great willingness for going into facilities but can always use new faces to help carry the message better. We also still really need people to sign up and help go to the Prison. To fill out the application you can find it in the NA Chattanooga website under the h&i page. Chloe B has been elected the new panel leader for focus and has completed the panel leader orientation. We have an open position for Sholtz men sides chair and the lit chair. Literature chair has a six month clean time requirement and is a once a month commitment. It is a great way to be of service when you don't have the clean time to hold other positions! We are putting on the first annual H&i speaker spooktacular October the 28th. We will have treats for kids, speakers, service orientations, workshops, Food, and a surprise speaker! We asked if people bring candy to help with the trick-or-treat option for the kids! As always it has been a honor and a privilege to serve our area and the addicts in these various facilities.

In Loving Service,

Anthony F

- **Surrender Under the Stars**

Hello Family-

We are only 5 short weeks away and Surrender Under the Stars planning committee is moving right along!!!! We have registration packets for pick-up day of, lots of awesome merchandise this year, some amazing speakers for our workshops and main speaker Saturday night, along with an awesome meal plan for the weekend!!!

Please continue to announce this event at your meetings!!! If you need more flyers for your meeting locations, please let us know.

Also, we are still in need of coffee and Basic Text donations from home groups. Feel free to contact myself or any other committee member if there are questions or if you need to meet up with one of us for donations

NEVER ALONE, NEVER AGAIN!!!!

In Loving Service-

Amy S.

SURRENDER TREASURY REPORT

- **Chill Out Ad Hoc Committee report to Area – July 2023**

5 Minute Break: taken

Moment of Silence to bring meeting back to order.

Sharing Session/Group Concerns/Issues-

Old Business

Post office box was taken out of Steph L name and put in Kim P name.

Jimmy from Atlanta is facilitating out Area inventory

New Business

15 yes changing storage unit.

October 7th was voted as our area inventory date

13 yes

2 present not voting

PLEASE TALK ABOUT THESE QUESTIONS AT HOME GROUP'S NEXT BUSINESS MEETING AND ANSWER THE LAST THREE DISCUSSION QUESTIONS.

AREA INVENTORY QUESTIONS FOR HOME GROUPS

1- NOT AT ALL / 2 – NEEDS IMPROVEMENT / 3 – ADEQUATE / 4 – OUTSTANDING / 5 – EXCELLENT

1 – How well does the area communicate with local groups?

2 – How well does the area respond to the needs of local groups?

3 – How well is the area managing its donations and area treasury?

4 – How effectively does the area demonstrate responsibility and accountability?

5 – How fully does the area train and support members who serve on the area service committee?

6 – How well does the area service committee foster an atmosphere of courtesy and mutual respect?

- 7 – How completely does the area provide opportunities for communication about committee concerns to the local members and groups?
- 8 – How well is a sense of unity fostered within the area service body?
- 9 – How positively is a sense of unity shown with local groups?
- 10 – What is the area's experience with trusted servant?
- 11 – How well has the area fostered the willingness of the local fellowship to volunteer for service positions?
- 12 – How well does the area practice continuity and rotation?
- 13 – How well does the area function in maintaining a full complement of trusted servants with no open commitments?
- 14 – How fully does the area create an environment where the conscience of the body guides the decisions and direction of the area?
- 15 – How well is the area communicating with those in the community who interact with addicts?
- 16 – How completely does the area respond to the needs of the larger community?
- 17 – How well is the area using human and financial resources to carry NA's message of recovery in an efficient and effective way?
- 18 – How fully trained and supported are the trusted servants who interact with members of the community?
- 19 – How well has the area built cooperative relationships with those in the larger community?
- 20 – How easily can those in the larger community reach and NA member who is in a position to respond to their questions or requests?
- 21 – How effectively does the area communicate with the region and with NA World Services?
- 22 – How well does the area respond to requests from the region and from NA World Services? How fully does the area show its needs and concerns with the region and NA World Services?
- 23 – How reliably does the area forward funds to the region and/or NA World Services?
- 24 – How effectively does the area use resources (such as written materials or experience from other trusted servants) that are available through the region and/or NA World Services?
- 25 – How fully has the area formed a cooperative relationship with the region and NA World Services?
- 26 – How well is the area creating a sense of unity with the region and NA World Services?

DISCUSSION QUESTIONS:

Is there any particular area of service and/or area function that you perceive is outstanding? Please Identify:

Is there any particular area of service and/or area function that you perceive would need improvement? Please Identify:

GOALS:

Any Goals your group feels Area could work on in the future?

Nominations/Elections

Nominations/ Motions

October 7th area inventory was voted

13 yes

2 present not voting

CARPOOL GUIDLINES	YES	NO	ABSTAIN	PRESENT NOT VOTING
ADD COORDINATOR POSITION	14	1	0	2

Present Open Service Positions

Announcements/Events:

For more information on Chattanooga NA events and meetings please go to the NA Chattanooga Web Site at <http://www.nachattanooga.com>

Celebrations:

Events/Announcements: Group booklet flyer in attachments

REMINDER: N/A.

GSR's Attention!! Please take back to homegroups that H and I could use some support and is willing to come to your homegroups to do orientation.

If you or your group needs a motion/resume/expense form, please see the separate attachments.