

CASCNA MARCH MINUTES

Meeting called to order by chair: Kim

Opened with moment of silence followed by Serenity Prayer

Service Prayer:

12 Traditions: Tom

12 Concepts: Tristan

Purpose/Function: Candace

Approval/amendments of last month's minutes: yes

Area Positions/Committees Roll Call

	Present	Absent	Vacant
Chair	x		
Vice Chair	x		
Secretary	x		
Treasurer	x		
Activities	x		
H & I	x		
Surrender Under the Stars	x		
RCM	x		
Fellowship Development	x		
Chill out on Chilhowee	x		

Home Group Roll Call

	Present	Absent
805	X	
Active Change	X	
Athens Serenity		x
Hope not Dope	X	
Humble Hearts	x	

New Horizons	X	
No Matter What	X	
Someone Believes in Me	X	
Not Fade Away	x	
Today There is Hope	x	
Turning Point	x	
Rooms for Improvement		x
Open Arms	x	
Second Chances		x
From the Ashes Spiritual Sisters	X	
Spiritual Conditions	X	
Atmosphere of Recovery	X	
Getting Real Group	x	
Up and Down	X	

The Fix	x	
Rise and Shine	X	
The Kiss	x	

New Group/s:

KISS Group
Wednesdays 7pm
255 Broad St Sw
Cleveland TN 37311

Quorum: **Established**

Administrative Reports

- **Chair Report**

March 17, 2024

Area Chair Report MARCH

Good afternoon family. It's so good to see you all here and participating in Area today. Hopefully, this day will go smooth and easy. First the EIN for The Chattanooga Area's Chillout on Chillhowee Campout is 99-1965013. Parish Johnson and Kimberly Patrick will be opening a bank account for the The Chattanooga Area's Chillout on Chillhowee Campout with this EIN number. Parish Johnson as Acting Chair of the committee and Kimberly Patrick as Area Chair will be on this account, and when a treasurer is determined and voted on, they will go on this account as well. If you would like to get involved in planning this campout, they meet the 1 st Sunday of each month at 2 pm in person and on Zoom.

Tom B revised the Chillhowee Guidelines for the Committee, and sent them back to us all through email. There is a motion attached to these minutes, to go forward with approving the guidelines to take back to home-groups this month for voting.

I am in need of one of the people on the Area Administrative Committee to be present at the Chili Cook-off for the service panel at 12pm if at all possible (Jason Nash Volunteered). I have to work during the panel so I cannot be there and I do not have a Vice Chair Yet.

Lastly, Budgets are due by next month, and the open positions for Area are Vice Chair, with is 3 yrs. clean time, RCM alternate with 3 yrs. clean time, and Treasurer Alternate 4 yrs. clean time. We as chairs are looking for the alternates for our positions, however, if you all know anyone with that amount of clean time willing to serve, please send them our way. Thanks. That's all for now, again that you all for being present and for your participation in Area.

In Loving Service - Kim P – Area Chair – 423-316-2625

- **Vice Chair Report**

- **Secretary Report**
- **RCM Report**

RCM REPORT IS ATTACHED TO THIS EMAIL. WHEN I COPIED AND PASTED IT THE BULLETS AND CHARTS MESSED UP

- **Treasurer**

CASCNA

Treasurer's Report

March 16, 2024

Greetings Family,

An update on the fraudulent charges for last month, the bank account received a credit for the charges in the amount of \$8.18 which is what was charged.

For the month of February, we started with a beginning balance of \$5646.87. We took in \$698.22 in area donations. We had \$456.41 in expenses. Our prudent reserve is \$500. This left us with \$5,088.68 in available funds. Without knowing the budgets for the subcommittees I will wait to see what the committee suggests before moving forward on a region donation.

Please let me know if you have any questions or concerns and thank you for allowing me to serve.

In loving service,

Jason N

Treasurer

Home Group Reports

- **805**

Hey Family,

805 is fully back at First Christian Church for Monday, Tuesday, and Friday meetings, we have however still been meeting in the back room with the couches.

We do not have an Area donation this month.

Below are our votes for the ASC trusted servants:

- Parish J as Chill Out Chair - passed
- Chris M as H&I Chair - passed
- Lydia S as RCM - passed
- Chill Out Guidelines - passed

Thank you for welcoming us to serve,

Joanna R

- **Active Change**

Active Change GSR Report March 2024

Hello Family,

My name is Tristian I am an addict. Everything is well at Active Change. We still meet every Sunday starting @ 6pm CST. With all meetings coming from the NA literature. Attendance is steady with 8 addicts per meeting. We have sent an area donation for \$75 this month.

Announcements:

3/31

Kevin B. Will be speaking

In Loving Service,

Tristian M.

- **Anonymous Group**

- **Atmosphere Of Recovery**

Atmosphere of Recovery

GSR Report

March 2024

Hello family!

All is well in the atmosphere Recovery home group. We are averaging 30 to 45 addicts per meeting. We

have an area donation of \$17.08 this month. We have no upcoming celebrations.

We voted on two of the three nominations. We did not vote for the Chill Out on Chilhowie chair, as

there was no résumé included in the attachments.

I.L.S.

Dustin L. / Lydia S.

- **Athens Serenity**

- **From The Ashes/ Spiritual Sisters**

From the Ashes

03/17/24

All is mostly well at From the Ashes. Our home group is continuing to grow. We are averaging 20-30 ppl at our Thursday night meeting. The Friday night meeting is averaging about 8 women. The Saturday night meeting is averaging 5-8 ppl. On Thursday 03/21/24, we will not be having a meeting at our st. peters location due to the church having an event on that afternoon. Please share this with your homegroups. Obviously our Friday and Saturday night meetings are struggling in attendance, if any are willing to help share experience, strength, and hope at these meetings it would be greatly appreciated. We do have a new GSR, Sheldon B. We don't have a donation to area at this time.

We have 5 celebration coming up,

Shayla R. 1 yr 3/21

Marie G 1 year 4/11 St. Peter's

Amanda L 1 year 4/13 Hal Dr

Chris M 3 year 4/27 Hal dr

Courtney F 1 year 4/25 St. Peter's

In loving service

Sheldon B.

- **Getting Real**

Hello family!

We've had 10-20 people in weekly attendance. We have Danielle S celebrating 6 years on April 25th. We have a \$20 donation this month. Jason N will be speaking April 11th. We are starting a Literature study the first Thursday of every month and the meeting will extend to one hour and 15 minutes. If anyone or any home group has any extra literature or would like to donate literature, that could be super helpful! We are planning to read from IP's and the basic text, but are open to any NA approved literature.

Kind Regards,
Danielle S

- **Humble Hearts**
- **Hope Not Dope**

Hope Not Dope

Greeting Family, I hope everyone is doing well. The Hope Not Dope group is doing great and thriving.

Our Sunday meeting has an average attendance of 15-20 addicts, and our Tuesday meeting continues to do well with an average of 45-50 addicts. We have a \$60 donation for area this month.

Announcements:

No current celebrations or other announcements this month.

That is all I have to report this month.

- **Never Alone**
- **New Horizons**
- **New Realities**
- **Next Right Thing**
- **Not Fade Away**

Hello all,

The Not Fade Away group is doing well. We are loving our new location. We are currently in between GSRs so we do not have an area donation. We have 2 celebrations:

3/27 Ashley D 13 years
4/3 Marianne F 34 years

Thank you for allowing me to serve.
Chelsea W

- **No Matter What**

No Matter What
March 17, 2024
Greetings Family,

The No Matter What group is doing well. Our attendance continues to be strong with an average of 25 to 37 people per meeting. We do not have an area donation this month.

We have 1 celebration for March 2024. No celebrations for April.

March 22 Emilia S. 2 Year

Grateful to be of service,
Dee C.

- **Open Arms**

Greetings family,

The Open Arms group is doing well. We meet every Friday night at 8pm and are averaging 10 addicts per meeting. No celebrations for March or April at our home group. We voted on all 3 nominations at our business meeting & have an area donation of \$33.00 this month. Thank you for allowing me to serve.

In loving service,
Samantha M.

- **Rooms for Improvement**

- **Second Chances**
- **Someone Believes in Me**

good afternoon family. sorry I cant be there in person today. All is going well with Someone Believes In Me. Our homegroup numbers are growing. Our attendance is averaging about 45 each meeting. We have an area donation of \$50.00 today. We did vote yes on all votes from last month.

ILS,
Kathy B

- **Spiritual Conditions**

Good afternoon family, the Spiritual Conditions Group is doing well. We have been averaging 25 people per meeting over the last month. The majority of our group attendance continues to be newcomers. All are welcome and we need your support if you are open to visit. We are presenting an area donation of 20\$ today.

We are currently holding a speaker meeting the third Friday of every month and anyone who can volunteer pls see me after the meeting.
I want to personally thank Tom for his service last week.

Thank you for your continued support and allowing me to be of service.

David C.

- **MTC**
- **Survivors**
- **Today There's Hope**

Hello Family,

All is well with Today There is Hope. We did not host an in-person business meeting this month because the Hamilton County Schools spring break had a lot of us out of town. We did, however, take virtual votes for the trusted servant position we needed to vote for this month. We are still reading from the Living Clean book each week. Because we had no business meeting we do not have a donation for area this month and I do not know if we have any celebrations this month.

In Loving Service,

Zach A

- **Turning Point**

Hello, This month Turning Point has one celebration.

Peggy Sue 1 year April 2nd

We have an area donation of 0 dollars. Our monthly eat and meet will be Friday the 29th @ 630 followed by a meeting. It will be chili. Thank you for letting me serve.

Tara P

- **The Fix**

Greetings Family,

The Fix is doing well. We have an average attendance of 15 - 20 addicts. We have an area donation of \$57.00 & no upcoming celebrations. In loving service , Christina P.

- **Up or Down**

Greetings family,

All is well with the Up or Down group of Narcotics Anonymous. We are growing as a home group and are averaging 13 addicts for our Thursday night step writing meeting. We come to the area with a donation of \$45 for the month of March and have no celebrations to report at this time.

In loving service,

Cory S

- **The Rise and Shine Group**

Hey family,

All is well at Rise and Shine

-averaging 25-30 addicts

- have an \$18 area donation

-no celebrations

-we have votes on all motions

-this is Ben's last month as GSR

- we will have a speaker meeting on April 4th speaker TBA

Travis will be GSR for Rise and Shine moving forward.

In loving service,

Ben

- **Hugs Not Drugs**

Subcommittee Reports

Activities Sub Committee

Activities Sub Committee

March 17, 2024 Report

Greetings family:

Activities Sub-Committee met today with 9 in attendance.

We are excited about the 7th Annual Chili Cook-off this coming Saturday (March 23rd). Doors open at Crosspath Church on Ringgold Rd at 11:30 am. Flyers are on the table. Vince B will be our main speaker at 3:00pm

We are planning a Spring Spirit Walk on April 27, 2024 (Saturday) at Cravens House on Lookout Mountain. Flyer is on its way.

On May 18th, Saturday, the Activities Committee will be hosting “Field Day”. This will be a family fun-filled event with games, face painting, a walk across and a lot of fun. Flyer is on its way.

Unity Day will be held on July 20, 2024 (Saturday) at the Chickamauga Dam. Details and flyer to come.

Extremely grateful to serve,

Dee C.

Activities Sub Committee

Budget 2024

Chili Cook Off - \$150.00

Spring Spirit Walk - \$30.00

Unity Day - \$250.00

Field Day - \$40

Sky High Hike - \$30.00

Winter Bash - \$475.00

Total - \$975.00

Activities Budget 2023-2024

Activities Budget 2023-2024	Event Name	Est. Amount Needed
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January		
February	Chili Cookoff	\$150.00
March		
April		
May		
June		
July		
August	Unity Day	\$175.00
September	Field Day	0.00
October	Sky High Hike	0.00
November		
December	Winter Bash	\$475.00
Totals:		\$800.00

- Fellowship Development

Greetings Family,

FD met on March 10th, 2024, with 12 in attendance.

Meeting Schedules - Joanna R reported that no schedule changes this month.

Website - Joanna R

- 2,415 views for the month of February
- 1,201 visitors for the month of February
- with views in
 - United States
 - Belgium
 - Germany
 - Guatemala
 - India
 - Canada
 - Philippines
 - South Africa
 - Poland
 - North Macedonia
 - Australia
 - & Singapore

Carpool - Cory S

- In the month of February we had two carpools, one to Spiritual Conditions that was well attended with 8 addicts participating on February 16th and a Meet Us at The Meeting for Rise and Shine which no one outside of the regular attendees participated in. We have 4 carpools currently scheduled. The first is to Keep it Simple and Spiritual on 3/13, we plan to meet at the Nazarene at 5:45p and depart at 6p for a 7PM meeting. This is the first visit of three to this home group. We have our final Meet us at the meeting to Rise and Shine scheduled for the 26th at 7:30am. For the month of April, we will begin a new rotation to Rooms for Improvement on the 9th, we plan to meet at the Nazarene at 6:30p and leave at 6:45p for a 7:30p meeting. On the 17th we plan to make our 2nd trip to Keep it Simple and Spiritual, once again meeting at the Nazarene at 5:45p and departing at 6p for a 7p meeting. - Cory S

Phone Line - Joanna R

- 98 calls made
- 24 minutes
- we are still working out navigating switching phone line coordinator over to Joanna so that we can have a full report available and all the other phone line matters tended to very soon. Anthony, Joanna, and Steve all got together to go over everything so Phone Line can be cared for and caught up with.

Chair - Vince B (Standing in for Dustin L this month)

- bus signs will be up by Friday! We got the \$300 for 6 months of bus signage and the CARTA contact suggested using Aladdin Print Shop for making up the signs.

Old Business

- Dozens & Dozens this month was a success! 13 people attended and we discussed better ways to ramp up attendance for 12x12 learning days. Thank you to everyone who showed up and made this a success.

- Next Dozens & Dozens will be on May 4th, 2024 - bring your books and your curiosity and experience, we'll bring the coffee and doughnuts! Meeting at St. Peter's Episcopal Church from 9am-1pm

- Facebook: going to get into the PR handbook next month and derive what knowledge and experience we can from our predecessors and the literature. (Anthony suggested IF we create an official NA Chattanooga Area Facebook for official NA announcements and such, that it be a PAGE and not a GROUP - creating a group, allows any and everyone to make posts to the page with essentially whatever they want - creating a page only allows administrators to make posts and others are free to comment on said posts, but they cannot make posts themselves - Joanna did not state because there was no time but she suggested that the administrators of said page could be 1 member from each committee in the Area: a Fellowship Development admin, H&I admin, Activities admin, Surrender admin, Area admin - perhaps with a set reminder to rotate out admins each year as members alternate service positions each year - we could even create a very simple, small set of "Facebook Page Announcement Guidelines" to keep everything simple and spiritual and moving smoothly)
More will be discussed next month.

- tabled QR code flyer for announcements discussion

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New Business

- Fellowship Development will be hosting a GSR Orientation directly following Area meeting on April 21st (around 5pm)

If you're a new GSR or haven't held the GSR position in some time, or you're just curious about what a GSR does and how that position functions, please stick around after Area on April 21st!

- the subcommittee agreed to submit the same budget as last year

- the subcommittee agreed to make a motion to Area to change the FD guidelines which state that the Meeting Schedule Coordinator (previous) clean time requirement of 2 years be changed to the Meeting Schedule Coordinator (updated) clean time requirement being 1 year.

Thank you for allowing us to serve this fine Fellowship,
- Fellowship Development

- **H & I**

H&I Chair Report

03/17/24

Hello family,

H&I is alive in the Chattanooga area. Focus, Sholze, Walker State Prison and CADAS are going well but as always we could use all the help we can get to insure the strength and diversity of the message we are trying to carry. We are averaging 4-6 orientations a month.

We have great willingness for going into facilities but can always use new faces to help carry the message better. We also really need people to sign up and help go to the Prison. To fill out the application you can find it in the NA Chattanooga website.

The Scholze men's panel is currently vacant. Please announce that we could use someone to fill this current position. 1 yr clean time is required and previous experience in H&I would be great.

We will also help people do the application at the chili cook off. And we will have a table set up to hopefully orient new and willing ppl to be apart of this amazing subcommittee. I apologize for not having a budget submittal at this time. We need more time to make a decision.

As always it has been a honor and a privilege to serve our area and the addicts in these various facilities.

In Loving Service,

Chris M

- **Surrender Under the Stars**
Surrender under the stars committee

Hello family,

We are excited to announce all positions are filled. Speaker Jam will be June 1st at crosspath church starting at 11am. Flyers will be available at the next area meeting. This year we will have all out of town speakers. Artwork for the t-shirts is due by May 11th and can be turned in to any committee member. Please announce this at you homegroups. Reminder we meet at 10am on the second Saturday of every month at the church of the nazarene if anyone is interested in attending.

In loving service

Liz

SURRENDER TREASURY REPORT

Greetings Family!

The bank balance as of February 1st was \$7,756.87.

Transactions since February 1st

Bank Service Charge = \$5.00

Activities Monies – Activities monies remaining in the Surrender bank account are \$26.87.

A check has been written in the amount of \$250 for Surrender 2024 signage as was discussed at the final subcommittee meeting of 2023. The check has not been cashed.

Both the activities monies and the signage check have been held back on the spreadsheet.

After these deductions are made. The Surrender bank balance will be \$7,480.00

See spreadsheet for details.

The current spreadsheet and bank statement are attached.

In Loving Service,

Lydia S.

Surrender Planning Committee Treasurer 2024

- **Chill Out Ad Hoc Committee report to Area –**

Guidelines Review and Revision Ad-hoc Committee Report

3-17-2024

Hello Family. The Ad-hoc committee is doing well. We have gotten through half of the guidelines. I am in the process of creating a redline version of the document that reflects the changes. Once we are done with gathering the changes and the redline document is done there will be final draft that will be turned in swell to show what they will look like if the recommendations were approved. If you have any questions please let me know. Thank you for allowing me to serve.

I.L.S.

Joe A.

5 Minute Break: taken

Moment of Silence to bring meeting back to order.

Sharing Session/Group Concerns/Issues-

Old Business

New Business

Nominations/Elections

Nominations:

Elections:

	Yes	No	PNV	AB
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Nominations/ Motions

COOC Parish

Motion voted on:

Present Open Service Positions:

Vice Chair

RCM

Alternate RCM

Alternate Treasurer

Chillhowee chair

H&I chair

Announcements/Events: Please start thinking about Area positions. We will be taking nominations in January and then voting in February.

For more information on Chattanooga NA events and meetings please go to the NA Chattanooga Web Site at <http://www.nachattanooga.com>

Celebrations:

Events/Announcements: Group booklet flyer in attachments

REMINDER: N/A.

GSR's Attention!! Please take back to homegroups that Activities needs major support. Activities meets the 3rd Sunday of every month at 1:00pm Collegedale Municipal Center, 4910 Swinyar Drive Collegedale TN 37315. Also, on ZOOM: Meeting ID 596-811-1398 Password: clean
If you or your group needs a motion/resume/expense form, please see the separate attachments.