

On February 16th CASCNA voted in Kathy Burns as CASCNA Chair and Kimberly Patrick as CASCNA Treasurer.

They will be added to the First Horizon CASCNA bank account.

CASCNA JANUARY MINUTES

Meeting called to order by chair: Kim P

Opened with moment of silence followed by Serenity Prayer

Service Prayer: Trey

12 Traditions: Grant

12 Concepts: Lydia

Purpose/Function: Gary

Approval/amendments of last month's minutes: yes

Area Positions/Committees Roll Call

	Present	Absent	Vacant
Chair	x		
Vice Chair	x		
Secretary	X		
Alt Secretary	X		
Treasurer	x		
Alt Treasurer	Vacant		
Activities	x		
H & I	x		
Surrender Under the Stars	x		
RCM	x		

RCM ALT		x	
Fellowship Development	x		
Chill out on Chilhowee	x		

- If sub-committees are not going to be present please let the area chair know in advance.

Home Group Roll Call

	Present	Absent
805	x	
Active Change	x	
Atmosphere of Recovery	x	
Athens Serenity	x	
From The Ashes	x	
Getting Real Group	x	
Hope Not Dope	x	
Hugs not Drugs	na	
Humble Hearts		x
New Horizons		x
No Matter What	x	
Not Fade Away	x	
Open Arms		x

Rooms For Improvement		
Second Chances	na	
Someone Believes In Me	x	
Spiritual Conditions		x
The Fix	x	
KISS	x	
Today Theres Hope	x	
Turning Point	x	
Up or Down Group	x	
Life After Drugs		x

New Group/s:

Connect Within

NA Meditation Meeting

Friday 6:30 PM

Unitarian Universalist Church

3224 Navajo Drive

Chattanooga Tn

Go around to left side of building, follow the walkway down to the last door. We are in the forum room.

“The search for a God of our own understanding is one of the most important efforts we will undertake in our recovery. We have complete personal choice and freedom in how we understand our Higher Power. We can each find a Higher Power that does for us what we cannot do for ourselves.”

- It Works How and Why pg. 30

Quorum: **Established**

Administrative Reports

- **Chair Report**

Area Chair Report

Hello Family,

Thank you all for being here today. We have quite a bit to go over today. We have already gotten voting out of the way though so that is good. I called the Collegedale Municipal people, and they just forgot to put us on the calendar. With that being said, they put us on the calendar today, next month and in the following two months we will be in the big room next door because the library needs this room, then we will continue back over here. We were very appreciative of the Nazarene Church for being so quick to help us that day last month when we needed them so suddenly.

I have gotten the money out for the Chillout on Chillhowee subcommittee and have given it to the treasurer and it will be included in their report today. Hopefully everyone has discussed their budgets in their meetings this month and can have those turned in and official by next months area meeting. As for what all needs to be discussed, I believe that is all that must be discussed outside of what comes up in reports.

Again, thank you all so much for the privilege of letting me serve this Area as Chair for the last 2 years, it has been my pleasure getting to know each of you and I am so grateful to call you all friends, and family.

In Loving Service,

Kim P.

423-316-2625

- **Vice Chair Report**
- **Secretary Report**
- **RCM Report**

RCM AREA REPORT

2/16/25

Hello Family,

We have quite a bit to discuss today

CAR/CAT:

A big thank you to all the home groups who voted on the motions for the interim world service conference agenda report. If you haven't voted, it's not too late! The deadline has been extended to February 20 th .

The interim world service conference agenda report (aka WSC CAR) was published on November 28, 2024. There are 12 motions that are, in effect, about WSC business. Many are a result of the new three-year cycle. That is, the 2023 recent conference decisions only extended to 2025. The WSC conference participants have determined which motions will be voted on at the WSC.

Home groups, please follow the link below to submit your votes by February 20th

If you have not seen/discussed the motions yet, there is a direct link to the WSC Interim Report, as well as contact information for Josh T. (ITCC Chair) for any questions about filling out the form. We will be available for others to submit votes, particularly at the February region, and will be available to members in the meantime.

https://docs.google.com/forms/d/e/1FAIpQLScOpXbujM_Xf6ds1sNnF40hGihcAEGzCeKzWp1zE_XBMO2ciA/viewform?vc=0&c=0&w=1&flr=0

VRSC Nominations –

- Nomination# 02-02-25_01: Josh F for VRC 44 Chair
- Nomination# 02-02-25_02: James B for Regional Secretary
- Nomination# 02-02-25_03: Preston W for Outreach Chair

VRSC Updates: Motions passed by RCMs (strawpoll)

#02-02-25_04: Define PR Budget of \$1,500 - PASSED

#02-02-25_05: VRC 43 hotel recommendation (Marriott East) - PASSED

#02-02-25_06: Purchase PR Boards & Supplies PR Regional \$500 - PASSED

VRSC Subcommittee Meetings: Zoom ID: 901 350 5030 Password: NATN

- MID-CASUAL March 19 th 6pm CT zoom
- RCM Orientation May 3 rd at 3pm CT zoom
- VRSC meets May 4 th at 9:30am CT zoom or in-person

Southern Zonal Forum:

- Virtual Public Relations Training Workshop 2/22/2025 10:00am -12:00pm CST
o Meeting ID 836 9212 9840 – Password: 121212

Open regional positions:

Secretary

Alternate Secretary

Policy and Procedure

Alternate Treasurer

H&I Chair

Outreach Chair

Announcements:

- VRC 43 Pre-Registration Flyer

Early Pre-Registration \$20 by 2/28/25

Pre-Registration \$25 form 3/1 until 10/31 then \$35

Mail Registrations to: VRC 43 PO Box 2184, Cordova, TN 38088

QR code available on flyer

You may also register & pay online @ 2025.vrcna.org

- Unity Convention 53 Flyer – Greater Middle TN Area – August 15-17 2025

Pre-Registration \$30 unit June 1, 2025 o Registration \$40 after June 1

Accepting checks, Venmo, Cash app

Convention Chair: Jacob P. (615) 753-6611

Millennium House Hotel – rooms starting at \$145 – Unity room block (615) 259-4343

2025 Rosa L Parks Blvd. Nashville, TN

Phone Line Info: (sent to FD committee member prior to FD meeting 2/16)

Google Voice phone number – free

Freedom Voice - \$8.95/month

Ring Central - \$54/month

Yap – region's phone line, can be set up to address different numbers for different areas.

FD Reimbursement:

Chattanooga Area requested reimbursement (\$300) for bus signs. Regional concern that request prior to spend was not submitted. Chair suggested it would be inappropriate to reimburse after the money was spent without permission - this might make this the area's PR budget, not the region's PR budget. If an area is struggling with a financial need for any reason, they can request funds at a VRSC as a motion with details about the need and purpose. I have included the VRSC motion form and VRSC Payment Voucher. These forms can be filled out and sent back to VRSC for consideration, including the previous spend and future spend assistance.

Treasurer's Report:

Beginning:

Beginning balance 11/29/24 of \$14,476.72. Total donations were \$7,861.28. Total expenses \$2,429.10.

Net income of \$5,432.18. Received VRC 42 donation of \$18,104.89. Ending balance as of 2/1 was \$37,513.79. Treasurer's report approved.

Final:

Starting balance of \$37,513.79

QuickBooks expense for 3 months of \$296.34

Storage for 3 months \$252.00

PR \$1,500.00

PR board \$500.00

Prudent \$5,000.00

Leaves us with \$29,965.45

VRC 43 budget expected to be \$20,000.00

PO box annual fee not due until May

ITCC website fees not due until June

Earmarking \$1,238.00 to hold for storage, PO box, and ITCC

Earmarking \$2,000.00 for May VRSC meeting expenses

Leaves us with \$6,727.45

Sending \$673.00 to Southern Zonal Forum

Sending \$6,054.00 to NAWS

No RCMs opposed

Decision: Approved

Newsletter:

As a result of the 2022 Regional Inventory, we began publishing a quarterly newsletter, Volunteer Spirit.

The Spring 2025 (March, April, May) issue will focus on Steps 1, 2 & 3. The submission deadline for the spring issue has passed, but please send in any articles, artwork, etc. for the summer issue.

Please send us area activities that would appeal to those outside your area as well!

All submissions and event announcements or fliers need to be sent to newsletter@natennessee.org.

View past issues at natennessee.org/volunteer-spirit - submissions are low and needs support. Even just a couple paragraphs, anecdotes, poetry, artwork, new subcommittee information, new groups and meetings, really anything NA. It doesn't even have to be about the issue's theme.

I have attached the flyer with the QR code to take you directly to the newsletter!

VRC 42:

VRC 42 – Summary by Interim Regional Secretary : Successful convention with a couple hiccups, final total sent to VRSC Treasurer of \$18,104.89, including rough report that Alternate Treasurer put together but Square reconciliation means an updated final report will be sent later, 61 day passes, 117 pre-registrations, 155 registrations, registration total was \$9,315.00, merchandise was a big miss and recommends future VRC committees prioritize larger sizes of shirts, lots of merchandise leftover. \$5,705.00 sold in merchandise. Detailed spreadsheet included showing different types of income that came in. Did not meet room block, had to pay hotel for that. Hotel did take previous 501(c)3 form.

VRC 42 received \$28,000 total and returned \$18,000

VRC 42 ended up being a financial loss at approximately \$10,000.00. – James B.

VRC 42 Report:

Thank you all for allowing me the opportunity to share. Overall, we had a very successful convention.

There

were a couple of hiccups during the convention but overall, we came together and made it a success.

Our final total that was sent over to the treasurer was \$18,104.89.

I am including a rough quicken report that Joe had put together, but he is redoing it with the square report. We did not have the turnout we were hoping for.

Registration:

Day Pass- 61

Pre-Registration - 117

Registration - 155

Our Registration totaled out to \$9315.00

Merchandise was a big miss for us. For future VRC's, I recommend prioritizing larger sizing. We have

quite a bit of merchandise left over from VRC due to this that can be used by VRC43 to help with funds.

Pre-Convention Shirts:

8 small

12 Medium

3 Large

1 XL

Short Sleeve Green Shirt

12 Large

1 XL

1 3XL

Short Sleeve Tan

1 Small 21 Large

5XL

Long Sleeve Tan

2 Large

25 Teddy Bears

36 Water Bottles

This was an area that we definitely struggled with and we ordered far too many large and not enough XL And 2XL +

We could have definitely done better in this area if we had prioritized those sizes and focused more on long sleeves and hoodies. Our Merchandise total was \$5705.00.

I have not had the opportunity to get with Mike G to transport all of the items back to the storage unit, but I will make this a priority in the next month.

Going into the convention, our hospitality chair was not able to attend the convention due to a family emergency and our merchandise chair had his appendix rupture the week prior and was not able to be as involved as he would have liked, so I want to take a moment to thank the entire committee for stepping up and making the convention happen and all the hard work that was put in to carrying the message. This has been a tremendous learning experience for me and I appreciate the opportunity to serve.

From VRC 42 Chair (Knoxville) Amber M.

VRC 43:

VRC 43 Summary by Interim Regional Secretary:

All is going well, subcommittees are active, submitted proposal for hotel - Marriott East Memphis (least expensive for lodging). Website is live and had many registrations already, collaborating with NA in May subcommittee, Midwest Tennessee is talking about doing a VRC 43 fundraiser. VRC 43 will start on Thanksgiving Friday. Attrition rate is unknown. Room block guarantee is 75 rooms Thursday night, 75 rooms Friday night, 75 rooms Saturday night. Contract price is unknown. – James B.

VRC 43 Report:

Hi family I'm Suzanne and I'm an addict.

All is well with the VRC 43 committee. We've been having regular meetings with all committee chairs and executive committee members in attendance. All committees are on task. We are submitting our suggestion for the hotel and request approval to move forward.

ILS,

Suzanne C.

The convention dates will be November 28, 2025 thru November 30, 2025.

The theme is "Love and Gratitude in Action".

VRSC Nomination Service Resumes: Please see attached RCM report in email.

In Loving Service, Lydia S. RCM

- **Treasurer**

CASCNA

Treasurer's Report

February 16, 2025

Greetings Family,

For the month of January, we started with a beginning balance of \$3,584.73. We took in \$681.61 in area donations and a check for \$4,975.00 from SUTS subcommittee donation., which makes the total monthly donation \$5,565.61. We had \$154.39 in expenses. Our prudent reserve is \$500. This left us with \$8,636.95 in available funds, after deducting the donation from SUTS it left us with \$3,661.95 in available fund to send to region this month. If the committee agrees I will forward region a check in this amount.

Please let me know if you have any questions or concerns and thank you for allowing me to serve.

In loving service,

Jason N

Treasurer

Home Group Reports

- **805**

Hello Family!

805 is doing well.

We have 1 upcoming celebration and an Area donation of \$40.87.

Our only upcoming celebration right now is
Justin W. with 5 years on February 22nd.

Our new GSR is going to be Emily W. So she will be taking over for this year, it has been such a pleasure
serving my home group in this position the past year and I'm grateful to leave it in Emily's very capable
hands (as well as Kim's as her alt. GSR.

We have submitted our votes on the CAR/CAT motions and we have our votes for Area positions as well.

ILS - Joanna/805

Votes for Area positions:

Kim P. - Area Treasurer - yes
Chelsea W. - alt. Treasurer - yes
Dee C. - Activities Chair - yes
Dustin L. - FD Chair - yes
Kris L. - Surrender Chair - yes

- **Anonymous Group**

- **Atmosphere Of Recovery**

Report:

All is well at the AOR group of NA. We are still doing literature study and currently reading through the
Basic Text.

Nominations:

Kathy B- Area Chair- Passed
Cory S- Area Secretary- Passed
Kim P- Area Treasurer - Passed
Chelsea W- Alt Treasurer - Passed
Dee C- Activities Chair - Passed

Dustin L - Fellowship Development Chair- Passed

Chris M - H and I Chair- Passed

Kris L - Surrender Chair- Passed

Celebrations:

Taylor G and Zach S both 1 Year- March 26th

In Loving Service, Dustin L

- **Active Change**

Active Change GSR Report February 2024

Hello Family,

My name is Tristian I am an addict. Everything is well at Active Change. We still meet every Sunday starting @ 6pm CST. With all meetings coming from the NA literature. Attendance is steady around 9 addicts per meeting. We have an area donation of \$68 this month.

ANNOUNCEMENTS:

2/23 Vince B. Will be speaking

In Loving Service,

Tristian M.

- **Athens Serenity**

- **From The Ashes/ Spiritual Sisters**

Whats up yall, im Sheldon and definitely a drug addict .All is good at From the Ashes. We are averaging 30-40 ppl at our Thursday night meeting. The Friday night meeting is still a low average. The Saturday night meeting is averaging 1-4 people unless we have a celebration. We dont have any new celebrations this month but The spiritual sisters meeting will be having a speaker meeting on march 28th. Speaker is to be determined. We have a 30\$ donation. THANK YOU FOR LETTING ME SERVE – SHELDON B.

- **Getting Real**

Hello family,

We've had about 25-30 people on average in weekly attendance. We have a 77 dollar donation this month. We have 1 celebration in March Hannah H. but not sure if she is celebrating it or not. Thank you for letting me serve.

Kind regards,

Sean B

- **Humble Hearts**
- **Hope Not Dope**

Greetings family,

I hope that everyone is having a wonderful weekend. The Hope Not dope group is alive and doing well. Our attendance at both our Sunday and Tuesday meetings remains strong. With an average attendance of 18 on Sunday and 65 on Tuesdays. We have turned in our groups WRC Interim Votes via the RCM link, as well being ready to vote on area positions today. We have brought a \$75 donation for the area today.

We have one upcoming celebration:

2-23-25 Larry C. 29 Years

In loving service, Trey W.

- **Never Alone**
- **New Horizons**
- **New Realities**
- **Next Right Thing**
- **Not Fade Away**

Hello family,

The Not Fade Away group of Na is doing great. We average about 20 women at our women's meeting. \$150 area donation.

Celebration- March 12th- Ashley D 14 years Nichole M speaking

Meeting schedule change – we no longer enter under the awning.

Website change- our meeting is from 7-8pm

In loving service,

Chelsea W

- **No Matter What**

February 16, 2025

Good Afternoon Family

The No Matter What group has 20-30 addicts in attendance.

Our group is growing thank you everyone for all the support.

We have no upcoming celebrations this month

We have no donation to area this month.

There are no other issues or concerns at this time

Thank you for allowing me to serve

Travis D.

- **Open Arms**
- **Rooms for Improvement**
- **Second Chances**
- **Someone Believes in Me**

Greetings everyone, Someone Believes in Me group is doing well. We have an average attendance of 35 at our Crosspath Church location on Sunday and Wednesday meeting. Our Saturday meeting at East Brainerd Club is averaging 20 people. We have an area donation of \$50 dollars. Thank you for letting me serve. Jeremy B

Sandy B- 2yr 3/16/25

Jeremy B is celebrating 2 years on March 23rd

Greg C.- 4 yr 3/30/25

- **Spiritual Conditions**
- **MTC**
- **Survivors**
- **Today There's Hope**

Hello Family and thank you for your service.

Today There Is Hope is doing well. We have about 15-20 in attendance each week. We are a literature study meeting currently reading out of The living Clean. The last

Thursday of each month is a newcomer meeting. We are having a guest speaker speak for 15 minutes on steps 1,2 &3

Celebrations for Feb 2/20th Matt K 4yrs panel leader celebration on spiritual principles
Linda R 2yrs 2/27 Cory S is speaking

We do not have any celebrations for the month of March.

We have 2 new members that have joined the home group this past month bringing us to 11 HG members.

Our donation this month to area is \$157.35

We are ready to vote on all nominations.

Thank you for letting me be of service.

- **Turning Point**
- **The Fix**

Hey family, the fix is doing great. We are averaging around 20 to 30 addicts per meeting. We have an area donation of \$179. Thank you for letting May be of service Gary B.

- **Up or Down**

Greetings family!

All is alive and well with the Up or Down Group. I will be taking over as GSR for the group. We submitted our votes on the WSC Interim motions and are prepared to vote on nominations. Our new Monday meeting has been doing well and averaged 20 addicts. Our late night Saturday meeting is also doing well and averaging 14 addicts.

We have one celebration this month: Tammy G will be celebrating 9 years on March 3rd

We have an area donation of \$50.

In loving serving,

Grant C

- **The Rise and Shine Group**
- **Hugs Not Drugs**
- **K.I.S.S.**

Subcommittee Reports

- **Fellowship Development**

Greetings earthlings, all is well at FD.

Updates:

1. We are going to move forward with google phones. It's much more user friendly and offers much more bang for your buck. We will keep y'all posted on all the changes.
2. Bus sign renewal is approaching and we are going to renew it.
3. Website is all updated, it's had a 25% increase in user traffic.
4. This year we are going to be offering 12 concepts workshops. More will be revealed on schedule.
5. GSR orientation following area March 16th.

Budget Submission: \$2000

Phone line - \$265

Outreach - \$960

Literature - \$200

Website - \$355

Schedules - \$220

Total = \$2000

- **Activities**

- **H & I**

Hello family,

H&I is alive in the Chattanooga area. Focus, Sholze, Walker State Prison, The Next Door Recovery and CADAS are going well but as always we could use all the help we can get to insure the strength and diversity of the message we are trying to carry. We had 4 orientations this month.

We have great willingness for going into facilities but can always use new faces to help carry the message better. Moccasin Bend is the only position vacant at this time. This will be on a Tuesday night at 6. If anyone has any interest in this position. Panel leader position requires 1 yr clean time and previous experience in H&I. Please announce this in your homegroups so that we can hopefully extend our reach to addicts in the Chattanooga area. If anyone has interest in this position please join us at our subcommittee meeting which meets the 2nd Sunday of each month @ 2:45 @ The First Church of the

Nazarene on 5455 North Terrace. One year clean time is required to be a panel leader. We have voted in Justin S. as our Scholze men's panel leader.

We could use more willing participants to sign up to be able to go into Walker State prison. If anyone is interested you can go through the application process on our NA website under hospitals and institutions or see me or another member of this subcommittee.

H&I's 2025 budget proposal is included in this report. Please take it back to your homegroups please. Also it was brought to my attention that this year marks 25 years since H&I was started back up in Chattanooga with Scholze being the first facility we had the privilege of going in to. We have been talking about putting on a lil 25 yr celebration as this marks a huge milestone for CASCNA. This can be tied to one of our learning days for the year. I'm very grateful to be apart of this amazing subcommittee and Narcotics Anonymous as a whole. Thank y'all for allowing me

In Loving Service,

Chris M

- **Surrender Under the Stars**
- **Chill Out Ad Hoc Committee**

February 16, 2025

Chillout on Chilhowee Report

Hello Family,

Chillout Met on the 1 st Sunday of the Month which was February 2 nd at 2pm.

We met by zoom. There were 5 members in attendance. We were able to

Nominate and vote in Candace T as Treasurer, Kim P as Programming

Chair, Kathy B as Registration Chair, Parish J as Culinary Chair, and Gary

B as Activities Chair. As you heard earlier today there is a chair that has

been nominated – Julie H. and we will be voting on Christina P to be Vice

Chair at our next Chilhowee Meeting. That means that the Logistics Chair

requires 1 yr clean time, Secretary requires 1 yr clean time, and Serenity Keeper requiring 1 yr clean time is still open and ready to be filled.

As for funding, the committee made \$2328.23 last year. They will be needing \$2000 this year and every year ongoing seed money from that money they made. So brought back to Area today is \$328.23 in cash as we never received any checks last year at all. The \$2000 seed money will be going for the following: \$208 for the U.S. Dept of Forestry, \$500 for the tent rental, \$1000 for T-shirts, and \$292 for the start of food purchases (fundraising should raise the rest of what is needed for the food.)

The flyer and Registration Form are both on nachattanooga.com website under the events page to print off for your homegroups and to announce for people to be able to print off registration forms. A Chilhowee Cash App has been created to receive the registration funds and a Chilhowee email has been made to receive the registrations forms. Spreadsheets on excel are being created to keep track of all the registration between the treasurer and the registration chair. Registration will be \$12 per tent and \$10 per day for meals per person. The email for Chilhowee is chilloutonchillhowee@gmail.com. The \$10 a day for each person's meals will mean 3 meals will be provided on Friday and Saturday and 1 meal on Sunday. The Tent is being secured tomorrow on Monday and the Rafting spots have been reserved. Rafting is going to cost \$35 per person.

The main speaker for Friday night is coming out of Nashville, TN and his name is Mike E., the main speaker for Saturday night is coming out of

Howenwald, TN and his name is Trey D., and we have secured a women named Becky coming out of Howenwald, TN for one of the workshops as well.

We are opening theme and t-shirt logos up this year to the entire fellowship. The themes are preferably due by the next Chilhowee Meeting

on March 2 nd preferably. Shirt Logo will need to be in by April Chilhowee

Meeting on April 6 th so we can vote on them during those meetings.

NOW..... the campout this year will not be the 3 rd weekend of the month because of region having something going on that weekend. They have requested that we move the date of our event every other year. So, this year the campout will be held from August 8 th through August 10 th .

I know that was a lot of information. The first meeting went very well, and it looks like this may be a great area event this year. Hopefully our entire area will be present and involved in some form or another.

Thanks for letting us serve.

Kim P and the entire Chillout Committee

5 Minute Break: taken

Moment of Silence to bring meeting back to order.

Sharing Session/Group Concerns/Issues-

Please take back to home groups the appropriate amount of 7th tradition that sub committees should give to the church they meet in.

Old Business

New Business

Nominations/Elections

Election	yes	no	abstain	pnv
Chair- Kathy B	15			
Treasurer- Kim P	15			
Alt Treas- Chelsea	15			
SUS- Kris L	15			
Activities- Dee C	15			
FD- Dustin L	14		1	
RCM- Dee C	15			
Secretary- Cory S	15			

Nominations:

H&I- Chris M AND Matt K

Vice Chair- open

Alt secretary- Grant C

Vice RCM- open

Chillout on Chilhowee- Julie H

For more information on Chattanooga NA events and meetings please go to the NA Chattanooga Web Site at <http://www.nachattanooga.com>

Celebrations:

February Celebrations:

1st - Elisha G. 4 years & Brian P. 4 years at 805 - Matt D. Speaking

4th - Joseph W. 8 years at Hope Not Dope - Kevin B Speaking

5th - Lydia S. 11 years at AOR

8th - Josh H. 2 years at From the Ashes

12th - Greg S. 38 years at AOR

13th - Kaitlyn G. 1 year at From the Ashes

15th - McKayla S. 3 years at From the Ashes

19th - Sarah B 2 years at Someone Believes in Me

20th - Matt K 4 years at Today There's Hope

20th - Shaun B. 1 year at Getting Real - Emily L. speaking

22nd - Justin W. 5 Years at 805

27th - Linda R 1 year at Today There's Hope - Cory S Speaking

March Celebrations:

5th - Dan P. 5 years at AOR

Announcements:

Ladies! Join Fellowship Development for Ladies Night to Spiritual Sisters on January 31st, fellowship to follow the meeting. See the flyer on the events page online for more details.

February 19th KISS Group will be hosting a Bowling Night following their 7pm meeting at Leisure Time in Cleveland, see the flyer on the events page for more details.

Please take back to home groups these questions : How can area service sub committees better serve you? Better serve the program of Narcotics Anonymous as a whole?

REMINDER: N/A.

GSR's Attention!!