

IN PERSON MEETINGS:

SUNDAY

CLEVELAND

- **2:00 PM** "KISS – Keep it Simple & Spiritual" (O,D,LT,H, ♿) ODAAT Clubhouse: 255 Broad St SW, Cleveland, TN 37311

CHATTANOOGA

- **9:00-10:15 AM** "Gift of Desperation" (O,D, Last Sunday TD ,BR-13) Metropolitan Ministry: 4001 Rossville Blvd, Chattanooga, TN 37407
- **2:00 PM** "Spiritual Awakening" (O,D ,BR-9) Suburban Club: 2002 E Main St, Chattanooga TN, 37404
- **7:30 PM** "Someone Believes in Me Group" (O,D, ♿) Restoration Recovery: 6141 Shallowford Rd #100, Chattanooga, TN 37421 (Entrance to the far left of the building)
- **7:30 PM** "Hope Not Dope" (O,D, ♿, BR-4) First Church of the Nazarene: 5455 North Terrace, Chattanooga, TN 37421

RAINSVILLE, ALABAMA

- **6:00 PM CST** "Active Change Group" (O,D,To) Lion's Club Building: 298 Rodeo Ln, Rainsville, AL 35986 (in the Concession stand behind the football field)

ATHENS

- **3:00 PM** "Evolve Group" (O,D, ♿) 123 South Jackson Street, Athens, TN 37303

MONDAY

CHATTANOOGA

- **6:30 PM** "Up or Down" (O,D,L, LGBTQ+) Restoration Recovery: 6141 Shallowford Rd #100, Chattanooga, TN 37421 (Entrance to the far left of the building) First Monday Step Writing
- **7:05 PM** "05 Group" (O,D, ♿, BR-4 or 14) Ascension Lutheran Church, 720 S Germantown Rd, 37412

CLEVELAND

- **7:00 PM** "Turning Point Group" (O,LT, ♿ Accessible) "1st United Methodist Church" 3425 N Ocoee St, Cleveland TN 37312

TUESDAY

CHATTANOOGA

- **7:00 PM** "Humble Hearts" (O,D, ♿, BR-4) First Church of the Nazarene: 5455 North Terrace, Chattanooga TN 37411
- **7:00 PM** "05 Group" (O,D,W, ♿, BR-4 or 14) Ascension Lutheran Church: 720 S Germantown Rd, Chattanooga TN 37412 *Women's Meeting*
- **7:30 PM** "Hope Not Dope" (O, D, ♿, BR-4) 7429 Shallowford Rd, Chattanooga TN 37421

CLEVELAND

- **7:00 PM** "Turning Point Group" (O, D, ♿) "1st United Methodist Church" 3425 N Ocoee St, Cleveland TN 37312
- **6:30 PM** "The Fix Group" (O,Rr, ♿) Westwood Baptist Church: 4001 Georgetown Rd NW Cleveland TN 37312 (In portable B, backside of building)

WEDNESDAY

ATHENS

- **7:00 PM** "Not Fade Away" (O,D,W, ♿) Allen Memorial United Methodist Church: 800 Decatur Pike, Athens, TN 37303 (bottom parking lot in rear of church) *Women's Meeting*

CLEVELAND

- **7:00 PM** "KISS – Keep it Simple & Spiritual" (O,D, ♿) ODAAT Clubhouse: 255 Broad St SW, Cleveland TN 37311

CHATTANOOGA

- **12:00 PM** "New Horizons" (O, D, ♿, BR-4) First Church of the Nazarene: 5455 North Terrace, Chattanooga TN 37343
 - **7:00 PM** "Atmosphere of Recovery" (O, Lt, 75 min, ♿, BR-16) St. Peter's Episcopal Church: 848 Ashland Terrace, Chattanooga TN 37415
 - **7:30 PM** "Someone Believes in Me Group" (O,D, ♿) Restoration Recovery: 6141 Shallowford Rd #100, Chattanooga, TN 37421 (Entrance to the far left of the building)
- #### JASPER
- **6:30 CT (7:30 EST)** "Life After Drugs" (O,D, ♿) Recovery Center Building: 300 Cornerstone Dr, Jasper TN 37347

THURSDAY

CHATTANOOGA

- **7:30 AM** "Rise and Shine" (O,D, ♿, BR-2, BR-16, BR-34) 109 Frazier Ave, Chattanooga, TN 37415, Parking behind the building off of Woodland Ave
- **12:00 PM** "New Horizons" (O, D, ♿, BR-4) First Church of the Nazarene: 5455 North Terrace, Chattanooga TN 37343
- **6:45 PM** "The Getting Real Group" (O,D, ♿, -, 3rd Thursday 75 min, SW, BR-3 or 28) 2715 Belle Arbor Ave, Chattanooga TN 37406
- **7:00 PM** "Today There Is Hope!" (O, L, ♿, BR-4) Grace Episcopal Church, 20 Belvoir Ave., 37411
- **7:30 PM** "From the Ashes" (O,Cl, ♿, BR-16) St. Peter's Episcopal Church: 848 Ashland Terrace, Chattanooga, TN 37415

CLEVELAND

- **7:00 PM** "Turning Point Group" (O,LT, ♿) "1st United Methodist Church" 3425 N Ocoee St, Cleveland TN 37312

FRIDAY

CHATTANOOGA

- **12:00 PM** "New Horizons" (O, D, ♿, BR-4) First Church of the Nazarene: 5455 North Terrace, Chattanooga TN 37343
- **6:30 PM** "Connect Within" (O, ♿, Meditation) Unitarian Universalist Church: 3224 Navajo Dr., Chattanooga TN 37411 [Facing the front door, come around the building to the left, follow the walkway down to the last door.]
- **7:00 PM** "The Getting Real Group" (O,D) 6615 Ooltewah Georgetown Road, Ooltewah, TN 37363

CLEVELAND

- **7:00 PM** "Turning Point Group" (O, D, ♿) "1st United Methodist Church" 3425 N Ocoee St, Cleveland TN 37312

DAYTON

- **7:30 PM** "Spiritual Conditions" (O, D, ♿) Mountain View United Methodist Church: 124 Shasta Ave, Dayton TN 37367

FT OGLETHORPE, GA

- **7:45 - 9:15 PM** "Open Arms Group" (O, D, L, ♿) Church of Nativity: 1201 Cross St., Ft. Oglethorpe GA 30742 (every 2nd Friday is a speaker meeting)

JASPER

- **6:30 CT (7:30 EST)** "Life After Drugs" (O, D, ♿) Recovery Center Bldg: 300 Cornerstone Dr, Jasper TN 37347 "recover all room"

SATURDAY

CHATTANOOGA

- **12:00 PM** "New Horizons" (O,D, ♿, BR-4) First Church of the Nazarene: 5455 North Terrace, Chattanooga, TN 37411
- **7:00 PM** "Someone Believes in Me Group" (O,D, ♿) East Brainerd Club: 8115 E Brainerd Rd, Chattanooga, TN 37421
- **8:05 PM** "05 Group" (O,T, ♿, BR-4) Ascension Lutheran Church: 720 S Germantown Rd, Chattanooga, TN 37412
- **6:45 PM** "From the Ashes" (O, D, ♿) Northminster Presbyterian Church: 4791 Hal Dr, Chattanooga, TN 37416
- **10:00 PM** "Up or Down" (O,D,LGBTQ+, ♿, BR-9) Suburban Club: 2002 E Main St, Chattanooga TN, 37404 (First Saturday Candlelight)

CLEVELAND

- **7:00 PM** "The Fix" (O,D, ♿) Westwood Baptist Church: 4001 Georgetown Rd NW, Chattanooga, TN 37312 (in the portable B beside the church)

VIRTUAL MEETINGS:

WEDNESDAY - SUNDAY

- **12:00-1:00 PM** "New Horizons"
Meeting ID: 789 8017 1559
Password: 123456

KEY

O = Open Meeting, open to public, C = Closed Meeting, for addicts only or for those who think they might have a drug problem,
♿ = Handicapped accessible, ♿ = Not Handicapped accessible, L = Literature Study, M = Men's Meeting, D = Discussion,
T = Topic, S = Speaker, CC = Chairperson's Choice, SW = Step Writing Meeting, SS = Step Study, SD = Step Discussion,
W = Women's Meeting, LGBTQ+ = Lesbian, Gay, Bisexual, Transgender, Queer inclusive, BR = Bus Route

<u>FOR THE NEWCOMER</u> Our meetings are a process of identification, hope and sharing. The only requirement for membership is the desire to stop using. We have seen the program work for any addict who honestly and sincerely wants to stop. We don't have to be clean when we get here, but after the first meeting, we suggest that newcomers keep coming back and come back clean. We don't have to wait for an overdose or a jail sentence to get help from Narcotics Anonymous. Addiction is not a hopeless condition from which there is no recovery. We Do Recover.
<u>TRAVELING?</u> <u>TEXT 901-350-5030:</u> TEXT THE ZIP CODE YOU ARE IN FOR A LIST OF MEETINGS IN THAT AREA. TEXT "JFT" FOR THE JUST FOR TODAY READING
LOOKING FOR SERVICE OPPORTUNITIES? VISIT WWW.NACHATTANOOGA.COM/SERVICE FOR A LIST OF CHATTANOOGA AREA SUB-COMMITTEES, THEIR MEETING TIMES AND LOCATIONS LOOKING FOR SOMETHING TO DO? VISIT WWW.NACHATTANOOGA.COM/EVENTS FOR A LIST OF FLIERS FOR CURRENT EVENTS IN AND AROUND CHATTANOOGA
North Georgia Meetings (Aragon, Blue Ridge, Calhoun, Cedartown, Trenton, Rome, Chatsworth, Dalton, Ellijay and Lafayette) 888-666-3609 newnaena.grscna.com Tennessee Meetings (Meetings in all other parts of Tennessee) www.natennessee.org Meetings Around the World (For worldwide meetings & NA Information) www.na.org

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Go to Meetings, Get Phone Numbers
and

USE THEM!

Get an NA Sponsor & Work the 12 Steps
Read NA Literature and Pray
Join a Home Group and Serve Others

PHONE NUMBERS

[illegible]

24-Hour Helpline:
(423) 207-5964



The image is a black and white flyer for the Chattanooga Area of Narcotics Anonymous. At the top is the NA logo, which consists of the letters 'NA' in a stylized font inside a circle, with a registered trademark symbol. Below the logo, the text reads: 'CHATTANOOGA AREA OF NARCOTICS ANONYMOUS MEETING SCHEDULE JULY - AUGUST 2026'. This is followed by a paragraph: 'NA is a nonprofit fellowship of men and women who are learning to live without drugs. We are recovering addicts who meet regularly to help each other stay clean.' A horizontal line separates this from the next section. The next section is titled 'Chattanooga Area Meetings' and lists locations: '(Athens, Chattanooga, Cleveland, Dayton TN, Fort Oglethorpe, Ringgold, Jasper and Rainsville AL, Dunlap TN)'. Below this is a large QR code. Under the QR code, it says 'SCAN THIS CODE OR VISIT WWW.NACHATTANOOGA.COM FOR THE MOST UP TO DATE SCHEDULE AND A LIST OF UPCOMING EVENTS'. At the bottom, it provides the '24-Hour Helpline: (423) 207-5964'.

JULY - AUGUST 2026

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